

SACRAMENTO COUNTY ALCOHOL AND DRUG ADVISORY BOARD MEETING

Minutes for May 4, 2011

Members Present: Burke Adrian, Melinda Avey (Vice Chair), Nikki Buckstead, Harry Carlson, Jessica Rodriguez, Yvonne Rodriguez, Paul Tanner (Chair), Steve Wirtz

Members Absent: Lt. Raymond Bechler, Judy Cooperrider, Heike MacKenzie, Anne-Marie Rucker (all excused)

County Alcohol and Drug Services (ADS) Staff: Maria Morfin, Marguerite Story-Baker

Guests: Tom Avey (Avey & Associates Management Consulting), Susan Blacksher (CAARR, Gateway Foundation, Sacramento Recovery House), Angela Da Re (NCADD), Carolyn Reuben Green (CARA), Bryan McWhorter (Sacramento Recovery House), Dana Martinez (Bridges), Johnathan Porteus (The Effort), Lorraine Rinker (MAAP), Mark Sawyer (Sacramento Recovery House), Garrett Stenson (CORE), Deborah Vogel (Alpha Oaks/Cornerstone)

I. **Introductions:** The meeting was called to order at 5:38 PM by **Paul Tanner**. Introduction of Board members, ADS staff, and guests. Two new board members were introduced – **Nikki Buckstead and Jessica Rodriguez** – both as public technical members.

II. Advisory Board Actions

Moved, seconded and passed March and April minutes with corrections to: March - VI. Administrator Report last paragraph that the client pays for ADS counseling (except for CalWORKs clients); and April - V. "Medical Marijuana" was a discussion, not a formal presentation.

III. **Provider Presentations:** No agency specific announcements but general concern expressed over the challenges of budget cuts (e.g., County Mental Health Day Treatment Center closing; Parolee Services Network (PSN, funded by California Department of Corrections and Rehabilitation and administered by California Department of Alcohol and Drug Programs [ADP]) ending on June 30th).

III. **Advisory Board Announcements:** **Steve Wirtz** announced the California Department of Public Health released an updated version of its California Injury Data Online website (<http://EpiCenter@cdph.ca.gov>) with several new features including a query function for alcohol and other drug health consequences that was developed in collaboration with ADP. **Yvonne Rodriguez** reported on the County's tobacco survey of ~350 stores that showed 13 percent sales to minors (up from last year's 12 percent). Those selling to minors were mainly small "mom & pop" stores but this year supermarkets were included and 3 Bel Air/Raley stores sold to minors. Results are shared with merchants and violators reported to Code Enforcement. Paul mentioned several articles including *Sac Bee* on "newborns suffering agony of painkiller withdrawal", *Wall Street Journal* on vaccines to block effects of some substances in the blood stream, and *Sierra Sacramento Valley Medicine* on risk of marijuana addiction and on physician over- and under-prescribing of opiates. **Marguerite Story-Baker** cited recent research linking alcohol to certain cancers (e.g., breast cancer).

Board Action item: Moved, seconded and passed motion to approve the action of the Executive Committee (under time constraints) to submit a letter on behalf of the Sacramento Youth Drug and Alcohol Coalition (SYDAC) application for a five-year, \$125,000/year Drug Free Communities grant from the federal Substance Abuse and Mental Health Services Administration (SAMHSA). In August, SYDAC will hear if they are funded.

IV. **Presentation:** **Jonathan Porteus**, PhD, Executive Director of The Effort, Inc., provided an overview of its services and handed out their Service Area Map and Suicide Crisis line cards. Dr. Porteus has been a clinical psychologist for ~ 20 years, started at The Effort in 2002, and recently became its Director upon the retirement of the past Director. His focus initially was to integrate mental health and primary care services into addiction work. The Effort has undergone several changes recently in funding, internal focus and leadership. Its mission is to strengthen the community by treating the whole family, with eight sites offering adults and some adolescents a

wide range of primary care services and a continuum of mental health and co-occurring disorders treatment. The Effort is a drug court provider for the “co-occurring treatment track” using evidence-based approaches. The Detox Center at Stockton and Gerber Avenues has moved to the Juliese Avenue Residential Treatment Center site for efficiency and safety reasons. The Effort provides primary care services through their Federally Qualified Health Center (FQHC) on J Street and 3 satellite clinics. Under a \$650,000 federal contract, they provide full services to ~10,000 uninsured and clients at or below poverty level (~40-60% of total clientele). The Salvation Army site receives homeless clients discharged from hospitals and provides primary care, discharge planning, and case management for addiction. The Martin Luther King clinic supports 50 residents of Serna Village with primary care and behavioral health services. The clinic at St John’s Shelter serves the needs of women and children. The Effort took over the county clinic at the Oak Park Multiservice Center and provides full primary care services to women and children, including opening the first of five dental clinics for children covered by MediCal. They are now accepting referrals for pregnant women up to 24 years of age – PLEASE REFER! They also provide Early and Primary Screening, Diagnosis Treatment services for children at both their north and south sites. At their North Highland site they host the Birth and Beyond program funded by First 5 Sacramento and serving ~300 parents and children every month with the New Dream evidence-based parenting program. Client evaluations have shown a 37 percent decrease in referrals to Children’s Protective Services. This site promotes a synergy among medical, psychiatric, counseling and home visitation services. The Effort also runs a nationally accredited 24-hour suicide prevention hotline covering 36 counties using evidence based assessments and providing training, and a parent support line. The FQHC model provides a medical provider and health care home for clients and can refer to counselors and treatment within an integrated behavioral health (IBH) model (primary care/addiction/mental health).

Dr Porteus’s presentation led to a lively discussion of several topics: co-occurring disorders (training available – call **Liana Wick** @ 368-3118), prescription drug use, and health care reform (e.g., FQHCs and other models). FQHC model depends on setting an appropriate rate upfront to cover all necessary addiction services. The Effort is adapting by retooling their addiction counselors to be broader health behavior change agents.

- V. Administrator’s Report:** **Maria Morfin** reported several personnel changes: Sandra Johnson has moved to the IBH clinic, Nancy Friel to Options for Recovery to better handle women with mental health concerns, and Ralph Zschoernig to the ADS System of Care. She reported elimination of the PSN and a \$1.5 million cut to CalWORKs. Given the number of unfilled positions within the County Department of Health and Human Services (DHHS), there may not be actual layoffs. In addition, people are retiring (e.g., 3 within ADS between now and January 2012) or leaving for the private sector. ADS is awaiting the Governor’s May Revise budget, but in any case realignment IS coming. Uncertainty remains regarding what SAMHSA will do with the Substance Abuse Prevention and Treatment Block Grant (SAPT) and the 20 percent prevention set-aside. The Proposition 36 (P36) transition plan is in process with clients responsible for enrolling and paying fees or (if receiving CalWORKs or otherwise indigent) entering treatment through the System of Care.

Discussion followed on several items: questions re future elimination of the State Mental Health Department and ADP; new ADP leadership is asking for input through both the County Alcohol and Drug Program Administrators Association of California and ADP’s own Directors Advisory Council on how to build capacity and meet requirements for Health Care Reform, parity, and realignment; and requirements for evidence-based treatment and prevention.

- VII. Board’s Chiefs of Staff Meeting** – Paul, Melinda Avey, Harry Carlson and Sandi Snelgrove (ACAC) spoke to the Chiefs about P36 issues: a) P36 (criminal justice) clients are now taking SAPT spaces without additional monies; and (b) some juveniles are creating safety issues in youth treatment clinics due to lack of Probation oversight.

On a related note, Probation met separately with Interim County Executive Steve Szalay to redress the imbalance of cuts between Sheriff and Probation, with some success. CPS is also facing similar cuts. Cuts in funding are spilling over into other areas and impacting public safety.

VIII. Advisory Board Committee Reports - Paul reported committee reports are summarized in the handout.

1. **Executive Committee** – Paul, Melinda, Harry, and Steve met to plan the upcoming Board meeting. Discussed future provider presentations, vacancies on the Board, and options for generating feedback to RFP applicants.
2. **Prevention and Education Committee** – No meeting in April. Next meeting Tuesday, May 10th, at 1:30 p.m.
3. **Treatment Committee** – Next meeting Wednesday, May 11th, at 12:00 noon.
4. **Membership Committee** – Two new members joined the Board. **Harry Carlson** noted there still are several vacancies and outreach efforts continue.
5. **Budget, Planning and Evaluation (BPE) Committee** – Next meeting Thursday, May 12th, at 1:30 p.m. will address strategic planning issues.
6. **Strategic Planning Committee** – Next meeting Thursday, May 26th, at 1:30 pm. with Alan Lange as facilitator to complete the draft Goals and Objectives in preparation for seeking feedback from stakeholders, partners, and the broader community.

IX. Reports from other Boards

1. **Human Services Coordinating Council (HSCC)** – **Melinda Avey** and Paul reported on discussion of DHHS budget cuts.
2. **First 5 Advisory Committee** – No report (Steve was out of town), but First 5 is facing \$48.5 million in cuts over the next five years.

X. New Business – Paul announced the Board is revitalizing the Harold Cole Awards. Nikki Buckstead has volunteered to take the lead in planning for a Fall event. Discussion of the HSCC's 5th Annual Heroes Award event followed, but it was decided to wait until new criteria are developed for further discussion.

XI. Future Month's Agenda items - Presentations by current providers of county public AOD services will continue.

IX. Adjournment: The meeting adjourned at 7:33 p.m.