

**Sacramento County  
Public Health Advisory Board**

**Meeting Minutes**

March 7, 2023 4:00PM - 6:00PM

**Meeting Location**

3400 3<sup>rd</sup> Avenue, Sacramento CA 95817

**Moderator:** Libby Abbott, Sonal Patel, Co-Chair

**Scribe:** Angelina Olweny

**Meeting Opened:** 4:01 PM

<b>Category</b>	<b>Name</b>	<b>Attendance</b>
Community Member	Vacant	
Community Member	Deanna Drake	Excused
Community Member	Mark Borges	Yes
Co-Chair	Elisabeth Abbott	Yes
Community Member	Phillip Summers	Excused
Public Health Professional	Vacant	
Public Health/Health	Kathryn Stadel	Excused
Co-Chair	Sonal Patel	Yes
Community Member	Chase Smith	Yes
Community Member	Bekalu Amare	Yes
Public Health Professional	Alex Schmalz	Yes
Public Health/Health	Rachel Weinreb	Yes
Community	Vacant	
County Staff	Nick Mori	
County Staff	Tianna Hammock	Yes
County Staff	Nicole Harper	Yes
County Staff	Lori Miller	Yes
County Staff	Andrew Mendonsa	
County Staff	Tim Lutz	
County Staff	Dr. Olivia Kasirye (Ex-officio)	Yes
County Staff	Noel Vargas (Ex-officio)	

**Guests:** Kimberly Grimes, David Magnino, Jessica Lara

**Review of Minutes:** The February minutes were approved unanimously (Motion: Chase Smith. Second: Sonal Patel)

**HSCC Appointment:** Rachel Weinreb was unanimously appointed to be PHAB's representative at the Human Services Coordinating Council. (Motion: Sonal Patel. Second: Alex Schmalz)

### **Recap of February PHAB/Exec Meeting**

- Following the discussion at the PHAB February meeting on Ambulance Patient Offload Times (APOT), the PHAB executive team discussed follow-up steps that PHAB can take to address the issue.
- The consensus was to gather feedback from PHAB members at the April PHAB meeting on a draft letter about addressing APOT times that the co-chairs will submit to the board of supervisors.

### **Blue Zones**

- Blue Zones is a partnership with a global brand that pioneers longevity research and groundbreaking work transforming communities in America.
- An analysis of trends in top Public Health Conditions categorized Alzheimer's as one of the chronic lifestyle diseases. The data shows that the incidence of Alzheimer's disease is trending upwards while other chronic diseases are trending downwards. Sacramento County plans to implement Blue Zones as a pilot strategy to prevent Alzheimer's in Sacramento County.
- The County is looking to partner with sponsors such as health systems and philanthropic organizations to introduce Blue Zones in Sacramento. The County will develop an action plan that will include policy changes that can be implemented to improve health outcomes.
- PHAB could play a role in shaping and implementing the action plan, helping to identify and outreach to potential funders including philanthropic organizations, health systems, and other key partners, advocating to the Board of Supervisors for funding, convening community members around Blue Zones, and continuing to participate in Blue Zone planning and implementation meetings.

### **County Health Improvement Plan (CHIP)**

- The development of the Community Health Improvement Plan (CHIP) involved identifying census tracts with zip codes with the lowest life expectancy to focus on improvement efforts. The three priorities that the County will focus on in these areas include food access, housing, and mental health.
- The CHIP plan is funded by the CDC. The County is developing criteria to provide grants to CBOs and individuals within the identified zip codes to fund programs that primarily improve food access.

- The County wants input from individuals who can guide the grant award process. The funding for program initiatives is available for two years. The County hopes that they will be able to work on goals and priorities in the two-year span.
  - PHAB's role could be to keep up with the CHIP updates, convene community members and other system partners to support CHIP implementation, advocate for increased funding after CDC funding ends, and support the grantmaking process.
- The County applied for Public Health Accreditation, which includes efforts associated with the CHIP. The Accreditation Board will provide feedback on the application and conduct a site visit in the coming months. The Accreditation Board would be interested in meeting parties that acted as advisors to Sacramento County of Public Health during the accreditation process; this would include the Public Health Advisory Board.

### **Youth Prevention and Treatment- Overview of SUPT Services**

- The data shows that the drug of choice for transitional-age youth is opioids. Additionally, the Latin X, White, and African American populations reported the highest drug use.
- A question was raised about why the use of opioids significantly increases from ages 17-18. The response was that at 18 years, individuals are considered young adults and therefore more independent with greater access to drugs. Additionally, youth may not be upfront about the drugs that they are using. They usually report using marijuana because it is generally more acceptable in the community.
- The County has a five-year prevention plan aimed at reducing underage marijuana use and underage or binge drinking.
- The four primary prevention providers are the Public Health Institute, Pro Youth Family Collective, Omni Youth Programs, and Sacramento County Office of Education. The services offered include training, town halls, campaigns, social media events, and community events.
- Treatment programs for Substance Use Disorder in the County include Outpatient Services, Medication-Assisted Treatment.
- A Residential Treatment Center plans to begin operations in Sacramento County. There was a discussion about the length of time it takes for residential treatment centers to get their licenses to operate. The recommendation was to bring the issue to the attention of the Board of Supervisors during public hearings.
- The County wants to expand the outpatient provider network and residential treatment centers and increase community outreach, engagement, and medication-assisted treatment for youth ages 14-17.
- Public Health Advisory Board's role could include identifying additional treatment providers that focus on youth treatment; writing letters to the County Board of Supervisors and state Department of Health Care Services to request the state mitigate barriers to and speed up the process for certifying SUD treatment providers; advocating for additional funding (especially seed funding) for youth SUD treatment services/providers; supporting the diversity of SUD treatment service options; holding listening sessions with providers, system partners, and the community to better understand barriers to access; engage with county partners to increase in-system

referrals for eligible youth; and increasing community awareness of SUD youth treatment services.

Meeting Adjourned. 5:50PM