

**Sacramento County  
Public Health Advisory Board**

**Meeting Minutes**

October 5, 2023 4:00PM - 6:00PM

**Meeting Location**

3400 3<sup>rd</sup> Avenue, Sacramento CA 95817

**Moderator:** Libby Abbott, Sonal Patel, Co-Chair

**Scribe:** Angelina Olweny

**Meeting Opened:** 4:01 PM

<b>Category</b>	<b>Name</b>	<b>Attendance</b>
Community Member	Vacant	
Community Member	Deanna Drake	Yes
Community Member	Mark Borges	Yes
Co-Chair	Elisabeth Abbott	Yes
Community Member	Phillip Summers	Yes
Public Health Professional	Vacant	
Public Health/Health	Kathryn Stadel	Excused
Co-Chair	Sonal Patel	Excused
Community Member	Chase Smith	Yes
Community Member	Bekalu Amare	Yes
Public Health/Health	Sara Bowsky	Yes
Public Health Professional	Alex Schmalz	Yes
Public Health/Health	Rachel Weinreb	Yes
Community	Vacant	
Community	George Meyer	Yes
County Staff	Nick Mori	
County Staff	Stephanie Kelly	Yes
County Staff	Lori Miller	Yes
County Staff	Andrew Mendonsa	
County Staff	Tim Lutz	
County Staff	Dr. Olivia Kasirye (Ex-officio)	Yes
County Staff	Noel Vargas (Ex-officio)	Yes

**Guests:** Tianna Hammock, Lynn-Ann Baskin, Jael Barnes, Keyan Bliss, Jessica Lara

**Review of Minutes:** September's minutes were approved unanimously (Motion: Rachel Weinreb. Second: Alex Schmalz)

- **Report out from Youth Behavioral Health and CalAIM**

- The feedback from September's PHAB Meeting on Youth Mental Behavioral Health is that plenty of information was shared. Members were encouraged to share their questions on Youth Behavioral Health with the Project Coordinator.
- Attendees wanted to learn more about the impact that the CalAIM health plan will have on Sacramento Street Health and Mobile Health Clinics and the plan's reimbursement process.
- Other points of interest regarding CalAIM were how the plan is can assist the unhoused and justice-involved populations.
- Overall, members wanted to know how health organizations can get added value from implementing CalAIM

- **December Meeting**

- The December PHAB meeting will focus on reviewing topics that were discussed at PHAB during the course of the year. The goal is to garner feedback from members on Public Health related issues.

- **Public Health Update**

- Sacramento County of Public Health is implementing a plan that will help Sacramento County of Public Health attain Public Health Accreditation.
- The Community Health Improvement Plan will focus on the following priorities: Food Access and Housing Insecurity, and the Built Environment and Mental Health.
- COVID-19, Sexually Transmitted Diseases, congenital Sexually Transmitted Diseases, Infant Mortality, and Reduction of Tobacco Use will also be addressed.
- The Community Health Improvement Plan that was shared in the meeting can be accessed here.



CHIP discussion Oct  
PHAB mtg.pdf

- The Alzheimer's patient population had an increased death rate. The Blue Zone project is intended to help patients with Alzheimer's and dementia get the care they need. An attendee asked about how the Blue Zone project can be supported. The response was that there are opportunities for members to participate in a steering committee.

- **Correctional Health**
  - Chronic conditions are recurring in the incarcerated population.
  - The report on Adult Correctional Health highlighted that staffing levels have doubled. Additionally, there are efforts to expand Medical Assisted Treatment (MAT).
  - MAT was emphasized as an appropriate measure to treat substance use disorders during the discussion because subject matter experts and research on the initiative showed that it saves lives. MAT has also been shown to reduce recidivism.
  - Individuals with substance use disorders who were discharged can get referrals to ensure that they have helpful resources once they are discharged.
- **Substance Use and Prevention Update**
  - Data from the coroner's office shows that there have been 185 deaths due to fentanyl so far.
  - There were 216 fentanyl-related deaths in 2022.
  - There is an increase in overdose deaths in communities of color.
  - One of the challenges in addressing fentanyl-related deaths is that the drug is being distributed in youth detention facilities.
  - Despite the focus on fentanyl-related deaths, data shows that meth-related overdose deaths are higher than fentanyl-related deaths.
  - Initiatives such as Arrive Alive that operate in middle schools educate school-going students on the dangers of drug use.
  - Narcan distribution has expanded to public-facing lobbies and schools.
  - Community outreach in communities of color with increasing trends in substance use disorders can help stop the uptick in the associated zip code areas.
  - Questions were raised about the SPIKE Alert system. Specifically, the composition of the response team. Committee members wanted to ensure that outcomes from SPIKE Alerts lead to better public health outcomes.
- Adjourned 6:10 PM