

# Sacramento County Public Health Advisory Board

**Meeting Minutes**

October 2, 2019 (12:00 - 1:30 PM)

**Meeting Location**

Primary Care Center  
4600 Broadway  
Sacramento, CA 95820  
Conference Room 2020

**Moderator:** Dr. Steven Orkand

**Scribe:** Theresa Vinson

**Board Attendees:** Jennifer Anderson, Sandy Damiano, Paula Green, Steve Heath, Michael Jordan, Olivia Kasirye, Steven Orkand, Emanuel Petrisor, Jeff Rabinovitz, Christina Slee, Phillip Summers, Kathleen Wright,

**Guests:** Pam Harris, Yvonne Rodriguez, Annie Tat

**Board Members Excused:** Jofil Borja, Farla Kaufman, Barbara Law, Jack Zwald

**Board Members Absent:**

**Guest Speakers:**

Neela Satyanavayan, MPH Health Program Coordinator  
Tobacco Education Program (TEP)  
Sacramento County – Public Health Division  
**Tobacco Control Coalition Report and Updates to County Tobacco Retailing Ordinance**

Tim Gibbs  
Tobacco Control Coalition  
Sr. Director, American Cancer Society  
Cancer Action Network, Inc.  
**Tobacco Use and Health Concerns**

**Meeting Opened**

12:00 PM

**Welcome and Introductions**

Dr. Orkand welcomed all PHAB members, speakers, guests, and introduced new PHAB member, Michael Jordan.

**Review of Minutes**

The minutes of the September 2019 meeting were approved w/1 abstention.

**PHAB Vacancies and Appointments**

There is one opportunity is open. The Executive Committee is full.

## **Announcements and Information**

### PHAB Support of the Tobacco Control Coalition

It was proposed and seconded that the PHAB Executive Committee be authorized to write a letter to the Board of Supervisors in support of the proposal by the Tobacco Control Coalition to ban the sale of flavored tobacco products in Sacramento County. An amendment was proposed to expand this letter to include:

- (1) Prohibit the sale of flavored tobacco products (including menthol) in the county.
- (2) Update key definitions in the ordinance to align with current State and Federal laws.
- (3) Regulate minimum package sizes for cigars and cigarillos so they are less affordable for young smokers.
- (4) Restrict delivery of tobacco products and tobacco paraphernalia within the County.
- (5) Restrict the sale of tobacco products in pharmacies.

This motion was passed unanimously, as amended. Dr. Orkand will work with the Executive Committee to write and distribute a letter this month, before the proposal goes to the Board of Supervisors.”

### Executive Board Nominations

Nominations for PHAB officers and Executive Board members will be made at the November meeting. The election will take place in December.”

### November PHAB Speaker

Bob Erlenbusch, Executive Director  
Sacramento Regional Coalition to End Homelessness

## **Public Health Division Update**

### Follow-up to Mercury in skin cream Report

At the August PHAB meeting, it was reported that a patient presented at the hospital with severe symptoms, and is in a coma and currently unable to communicate – status has not changed as of today.

Follow-up to Sacramento County Masking Mandate Discussion

Dr. Rabinovitz inquired as to the existence of any scientific evidence confirming that wearing a mask is as reasonably effective as having the flu vaccine. The masking policy was put in place to encourage people to get vaccinated. Prior to the mandate, vaccination rates for hospital staff were at 30 to 60 percent, but the rates have increased significantly to over 90 percent after implementing the masking policy.

**PRIMARY HEALTH UPDATE**

Adult Correctional Health Presentation – Follow Up

**RCCC Funding and Costs**

There are several board items outlining fund sources and costs. See Sacramento County BOS Public Meetings webpage. Recently advocates testified at hearings against proceeding with new building for RCCC.

July 25, 2017 #48 - describes design and fund sources

April 23, 2019 #10 – approve proceeding

May 21, 2019 #14 – approve contract execution after RFP

**Residential Treatment Beds Contracted under Alcohol & Drug Services**

Associated Rehabilitation:	30
River City Recovery:	79
Sacramento Recovery House:	32
Volunteers of America:	16 (Perinatal Only)
<u>WellSpace Health:</u>	<u>48</u>
<b>TOTAL:</b>	<b>205</b>

**Percentage of individuals in jails with Substance Use Disorder** (based on literature) – approx. 60%

**Efforts to reduce the jail population**

- Work Release Program: The Sheriff’s Department operates a Work Release Program that allows qualified offenders to serve their sentence in the community on electronically monitored home detention or by participating in community work projects.

- Adult Daily Reporting Centers (ADRCs): The County Probation Department operates three ADRC locations which provide intensive on-site and community supervision for individuals 18 and over and who have been assessed as having a high-risk to reoffend.
- Specialty Courts: This includes Drug Court, Mental Health Court, Co-Occurring Mental Health Court, Community Realignment Re-Entry Court and Veterans Treatment Court. In these courts, offenders are provided treatment and services in the community. Sentences are suspended during treatment and, if offenders successfully complete their treatment, the sentences are removed.
- Probation Pre-Trial Assessment & Monitoring: The Superior Court and County are implementing a Pre-Trial Assessment and Monitoring pilot program, that will focus on identifying detainees who can be safely released to the community pending trial. Program will start soon.
- MH Felony IST Diversion: Program is under design. Will start 2020.
- Consultants – One group is reviewing the feasibility of a regional MH facility for incarcerated adults needing psychiatric services. Another consultant is reviewing additional strategies to reduce the jail population.

### **Emergency Medical Services (EMS)**

- Our first EMS report will be distributed this week. Will send an electronic copy to PHAB and provide hard copies at the next meeting.

### **GMC Medical Managed Care Announcements**

- State DHCS Director - resigned and an acting Director has been appointed (Richard Figueroa).
- Long-term Services Carve In – transition from fee for service (FFS) to managed care effective 2021. This includes SNF, ICF, subacute & transplants.
- Pharmacy Benefit Carve Out – transition from managed care to FFS effective 2021.
- California Advancing and Innovating Medi-Cal (CalAIM) - is the new DHCS initiative to improve and standardize the Medi-Cal delivery system. This is a major initiative aimed at reducing variation and complexity across the delivery systems and improving quality outcomes. DHCS will release a concept paper at the end of October.
- Federally Qualified Health Centers – will be presenting at the October 28<sup>th</sup> meeting. Focus – strategies that have utilized to increase access and improve quality.
- CHCF New Publication: *A Close Look at Medi-Cal Managed Care: Statewide Quality Trends from the last Decade, September 2019* (See link: <https://www.chcf.org/wp-content/uploads/2019/09/CloseLookMediCalStatewideQualityTrends.pdf>)

Medi-Cal Managed Care Advisory Committee webpage: [www.SacGMC.net](http://www.SacGMC.net)

## **PRESENTATION**

### **Tobacco Control Coalition Report and Updates to County Tobacco Retailing Ordinance**

#### Program Overview

This a California State funded program that aims to improve public health by decreasing tobacco access and use through education. The funding cycle runs from July 2017 through June 30, 2021.

#### **TEPs main goals and objectives are to:**

- Protect the public from secondhand smoke  
(by increasing the number of jurisdictions that adopt smoke-free dining policies)
- Reduce youth access to tobacco products  
(increase the number of jurisdictions that limit the density of tobacco retailers near youth serving facilities)
- Help tobacco users quit  
(increase the numbers of health and social service programs that provide cessation resources)
- Increase youth and adult advocacy skills

#### **TEP Activities**

- Inform and educate policymakers on tobacco related policy adoption
- Provide community education
- Conduct evaluation activities
- Staff and support the local Tobacco Control Coalition (TCC)
- Collect and analyze data for the Health Stores for a Healthy Community (HSHC) statewide retail campaign

- Implement Youth/Youth Adult Purchase Survey (stings using youth decoys) and/or merchant education

Please visit the webpage to review TEPs Subcommittees and Taskforces

<https://dhs.saccounty.net/PUB/Pages/Tobacco-Education-Program/SP-Tobacco-Education-Program.aspx>

## **Tobacco Use and Health Concerns**

There is an epidemic of teenagers using e-cigarettes and becoming addicted to nicotine. The industry makes comparisons of nicotine addiction to caffeine addiction, but it is not the same. Nicotine has a serious impact on the adolescent brain in terms of mood, etc. and it is a serious issue. Long-term effects of e-cigarette use is still not determined, however, we have a pretty stark idea based on the effects of short-term usage. In 2017, there were 3 million middle school students using e-cigarettes, and our concern is that this is driving young people to use combustible cigarettes. The various flavors that are available is staggering, short-term studies indicate 80 percent of young people (4 out of 5) who use tobacco started with a flavored tobacco product. For example: Juul

Public policy priority in terms of tobacco control is limiting access – there are 40 cities across California that have passed an ordinance to restrict the sale of all tobacco products. The City of Sacramento did it a few months ago, and the county is reviewing it. Yolo County passed an ordinance as well as County of Los Angeles. It is critical Sacramento County pass an ordinance, and TCC is proposing to the Board of Supervisors (BOS) that they limit sales of all flavored tobacco products (flavored e-juice, e-cigarette, etc.) at the retail level. The TCC is requesting the support of PHAB regarding this ordinance/proposal and is very appreciate of PHAB's consideration.

## **Nicotine = Brain Poison**

- Nicotine can have negative impacts on teens and young adults
- Nicotine can harm the developing adolescent brain. The brain keeps developing until about the age of 25
- Nicotine changes adolescents' brain cell activity in the parts of the brain responsible for attention, learning and memory
- Side effects of Tobacco use: Nausea, vomiting, increased blood pressure

## **Flavored Tobacco Products**

- The U.S. Surgeon General and leading public health researchers have concluded that flavored tobacco products are a starter product for teens
- Currently there are more than 15,000 tobacco flavors on the market, many of which are enticing to youth. Examples include: “gummi bears, bubblegum and unicorn poop”
- 80% of youth who ever used tobacco started with a flavored product
- Approximately 90% of current and former tobacco users started using tobacco by the age of 18. In California, 86.4 % of youth tobacco users report using a flavored product
- Studies demonstrate that a flavored tobacco sales restriction can markedly decrease the availability, and sales of specified flavored tobacco products in a community, which is associated with a lower likelihood of ever using a tobacco product among teens

## **Recent Ordinances Passed in Sacramento County (2018)**

- Elk Grove
- Fair Oaks Parks Boulevard
- Citrus Heights
- City of Sacramento

### California

- Since 2010 forty (40) communities have passed flavored tobacco sales restrictions
- San Francisco has issued a ban on all vaping products

### Proposed County Ordinance Revisions

- Sales restriction of all flavored tobacco products
- Proximity to youth-sensitive areas and other tobacco retailers
- Update of key definitions and aligning with current state and federal laws

- Minimum package size for little cigars and cigars
- Delivery restriction of tobacco products and tobacco paraphernalia
- Tobacco retailing restriction in a pharmacy

### **Public Comment**

There was none.

**The meeting was adjourned at 1:30 PM - Submitted by Steven Orkand, Chair**