
Information to Share with COVID-19 Positive Patients

July 14, 2020

In order to slow the spread of COVID-19, protect vulnerable individuals, and prevent the health care system from being overwhelmed, the Sacramento County Public Health Officer is issuing the following orders. **Please note that these are for cases in the [community](#). Critical infrastructure workers, including health care workers and first responders, should follow guidelines specific to that sector.**

ISOLATION ORDER – All individuals who have been diagnosed with or who are likely to have COVID-19 must isolate themselves.

QUARANTINE ORDER – All household contacts, intimate partners, caregivers, and close contacts who have been in close contact with a person diagnosed with or likely to have COVID-19 must quarantine themselves.

The Isolation Order and Quarantine Order are attached. Please share the Isolation Order with patients who test positive for COVID-19 and also the Quarantine Order to share with their close contacts.

Please also provide them with the following resources, which are available on the Sacramento County Public Health (SCPH) COVID-19 Resources for Health Care Providers website

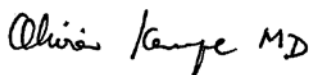
(<https://dhs.saccounty.net/PUB/Pages/COVID-19-Resources-for-Health-Care-Providers.aspx>)

- COVID-19: Quarantine vs. Isolation (CDC)
- What to do if you've been exposed to COVID-19 (SCPH)
- 10 things you can do to manage your COVID-19 symptoms at home (CDC) (available in multiple languages)
- COVID-19 Isolation and Quarantine Instructions
- Home Isolation Guidance for People with COVID-19
- Home Quarantine Guidance for Close Contacts to COVID-19 Persons (SCPH)

SCPH encourages you to share these materials with your colleagues and have them sign up for Sacramento County health alerts and advisories via CAHAN if they have not already

(<https://dhs.saccounty.net/PUB/Pages/California-Health-Alert-Network-CAHAN.aspx>).

Sincerely,



Olivia Kasirye, MD, MS
Public Health Officer