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Sacramento Native American Health Center
Honoring Community Wellness

# SACRAMENTO NATIVE AMERICAN HEALTH CENTER

An Urban Indian Health Program in Sacramento, CA

# There are Indians in Sacramento?

- The history of the Sacramento area, and its people, is rich in heritage, culture and tradition. This area was and is still the tribal land of the **Nisenan** people (*my side of the river*) located throughout the central valley, the Foothills and **Southern Madiu** people, and the **Valley Miwok** and **Me-Wuk** people, located on the east side of the American River, known to tribal people as the "**Moklolume**" or Condor River.

- To the west of the American River and the south of the Sacramento River, are the **Patwin** people, the **Wintun** People and the **Wintu** people.

- Sacramento was also a BIA relocation site in the 1950's, and is still home to many out of state Indians, many who sought work on the railroad, which was one of Sacramento's major Industries.

# What is a community clinic?

- We are a non-profit corporation governed by a Board of Directors
- We are licensed as a community clinic by the state of California according to Title 22 of the Social Security Act
- We are a federally qualified health center or FQHC (designated by the federal government to provide services to Medically Underserved Area MUA/ populations MUP)

# The Board of Directors

Ricardo Torres, Chair

Barbara Aragon, Vice-Chair

Mikela Jones, Treasurer

Curtis Notsinneh, Secretary

Lorenda Sanchez, Member

Anno Nakai, Member

Michelle Villegas, Member

Chairwoman Mary Tarango, Member

Officer Jasper Begay, Member

# Healthcare Safety Net

- Hospitals/ Health Systems
  - Kaiser
  - Mercy/ Catholic Health care West
  - Sutter Memorial/ Sutter General
  - UC Davis
- Sacramento County
  - Broadway/ Stockton Primary Care
- Community Clinics
  - The Effort
  - Family and Community Medicine
  - HALO
  - Sacramento Native American Health Center

# Our Staff

# So what is so special about the Sacramento Native American Health Center?

# What we do…..

- Medical Department
  - 4 providers/ MA's Teams
  - 1 Dietician, CDE
  - Patient Care Coordinator
  - Chiropractor
- Behavioral Health/Substance Abuse
  - 3 LCSW's
  - 2 CADAC's
  - 1 Case Manager
  - 1 Traditional Practitioner
- Community Services
  - 4 Health Educators/ Prevention Specialists
- Dental Department
  - 4 providers/ 6 RDA's Teams
  - 2 Hygienists
- Home Visitation
  - 1 PHN/RN
  - 4 CHR's/ MA's
- Patient Services
  - 4 Patient Services Representatives
  - 3 Appointment Schedulers
  - 1 Medical Records Clerk
- And of Course…..
  - Administration
  - Fiscal
  - Billing

# What does that mean?

In 2011, we had over 25,000 patient visits

**Top 5 Billable Codes**

1. Chronic Conditions: Hypertension, Diabetes, Asthma, Hep C, HIV
2. Mental Health Disorders: Depression, Anxiety, Substance Abuse
3. Prevention Immunization, Well Child, Well Woman, Physicals
4. Treatment of Dental Carries
5. Chronic Pain Disorders

# Patient Centered Medical Home Approach

- Continuous healing relationships
- Whole person orientation
- Family and community context
- Comprehensive care

# Patient Centered Medical Home in Action

- Feature Story from Capitol Public Radio

http://www.youtube.com/watch?feature=player_embedded&v=13zmw-ZzCFI

# PCMH Principals

Practice Organization
- Budget Forecasting
- Staff Development
- Data Driven decision making
- Continuous Quality Improvement

Health Information Technology
- E prescribing
- Population management
- Clinic practice guidelines
- Telehealth participation

Patient Experience
- Same Day appointments (Open Access)
- Shared Goal Setting
- Cultural relevance
- Providing treatment options

Quality Measures
- Use of registries
- Benchmarking
- Evidence Based Reminders
- Care Plans

Community Medicine

# Continuity of Care

## We keep patients out of Emergency Rooms

# Thank you!

## Questions?

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