

Countywide Services Agency

Department of
Health and Human Services

Division of Public Health

Glennah Trochet, M.D.
County Health Officer



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County of Sacramento

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Sacramento County Health Officer Dr. Glennah Trochet Honored With Business Journal's 2009 "Women Who Mean Business" Award

(Sacramento, CA) – Sacramento County Public Health Officer Glennah Trochet, M.D., was honored today as one of six women chosen to receive the Sacramento Business Journal's 2009 "Women Who Mean Business" award. Hundreds of people attended a luncheon and roundtable discussion at the Hyatt hotel in honor of the recipients. The award is granted annually to six top women in the Sacramento region who are selected for their outstanding achievements.

Dr. Trochet has worked for Sacramento County for 20 years, has served as Public Health Officer for ten years, and is known for her work ethic and hectic schedule. "She excels at advocating for health programs," said Bernice Walton, Director of Nursing for the Sacramento County Department of Health and Human Services. "She's tireless, works long days, and shares night and weekend on-call duties."

As the daughter of missionaries, Trochet grew up in poverty-stricken Columbia, where she became aware of the importance of public health at an early age. "We had to peel our fruit before eating it and boil our water to prevent disease," she said. After moving to the United States at age 17, Trochet graduated magna cum laude from Westminster College in Pennsylvania and in the top third of her class at the University of Pennsylvania School of Medicine.

At today's Women Who Mean Business awards event, Trochet expressed appreciation to her co-workers in government service and colleagues at community-based organizations. "Their passion and dedication to public health keeps us all safe and gives support and hope to the least fortunate in society," Trochet said. She also thanked her husband and daughters for their unflinching support throughout her career.

As Public Health faces the challenge of dealing with diseases like the H1N1 swine flu, Dr. Trochet's skills will serve the community well. "She has a very strong sense of social justice and equality, but she's also very logical, very objective," Marge Ginsburg, executive director of the Center for Healthcare Decisions told the Business Journal. "She doesn't rule by emotion. She really thinks things through."

"In these hard economic times when the County is delivering public health services with smaller budgets and fewer staff members, our community can be proud to have Dr. Trochet and her team working hard to serve the public with compassion and integrity," said Ann Edwards-Buckley, Director of the Sacramento County Department of Health and Human Services.

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