

Mobile Crisis Support Team

The Mobile Crisis Support Team is a collaboration between Behavioral Health and Sacramento County Law Enforcement. This team responds together to emergency calls for service to support individuals experiencing a mental health crisis by providing safe, relevant, and effective intervention including link to needed resources and support services.



If you are experiencing an immediate crisis requiring law enforcement support, call 911 or your local non-emergency Law Enforcement line.

This program is funded by Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act (MHSA) and the SB 82 Mental Health Wellness Grant

Bilingual/bicultural staff and interpreters available at no cost.

Department of Health Services Behavioral Health Services

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**Health Care
& Police**

Board of Supervisors

Phil Serna - 1st District
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Sue Frost - 4th District
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Behavioral Health Services

In partnership with

**Citrus Heights - Elk Grove -
Folsom - Galt - Los Rios &
Rancho Cordova Police
Departments,
Sacramento County Sheriff
Department**

&

Contracted Peer Provider Follow Up



Mobile Crisis Support Team

Dispatch Hours of Operation

M – F, 9am–7pm
(Days vary depending on LEA)

Follow-Up Hours of Operation:

M – F, 8am – 5pm

Mission Statement

The Mobile Crisis Support Team serves individuals of all ages and diversity in Sacramento County by providing response to 911 emergency calls for immediate clinical assessment and crisis intervention to individuals experiencing a mental health crisis.



Mobile Crisis Support Teams are committed to:

- ❖ Providing safe, compassionate, and effective responses to individuals experiencing a mental health crisis
- ❖ Increasing public safety
- ❖ Decreasing unnecessary hospitalizations for community members experiencing a mental health crisis
- ❖ Decreasing unnecessary incarcerations for community members experiencing a mental health crisis
- ❖ Increasing consumer participation with mental health services by problem solving barriers and increasing knowledge of local resources

For questions about the Mobile Crisis Support Team Program: (916) 874 -6057.

This number is not a referral line.



Mobile Crisis Support Teams include:

- A Crisis Intervention Trained (CIT) Police Officer or Sheriff's Deputy
- A Sacramento County Division of Behavioral Health licensed Senior Mental Health Counselor
- A Sacramento County contracted Peer Specialist



How does Mobile Crisis Support Team (MCST) help?

- ✚ A MCST Licensed Mental Health Counselor and a law enforcement Officer (CIT unit) provides immediate co-response to emergency calls involving a mental health crisis.
- ✚ MCST co-response engages the expertise of both law enforcement and behavioral health increasing diversion from unnecessary incarceration or hospitalization.
- ✚ Post mitigation of the immediate crisis, MCST utilizes Peer Specialists with lived experience and community resource expertise to provide follow-up engagement and navigation to ongoing mental health services.

If this is an emergency call 911 and notify dispatch of the Mental Health crisis details to support MCST service engagement.



Please note, there may be times MCST units are not available, and patrol will respond to the request for support.

Community Resources



988 - Suicide and Crisis Lifeline

National Suicide Prevention Line

1-800-273-TALK (8255)
1-800-SUICIDE

Consumer Operated Warm Lines

Consumer Operated (916) 366-4668
National Warm Line (855) 642-6222

211 Sacramento
(916) 498-1000 or 211

Community Support Team
(916) 874-6015

California Relay Service: 711