

**Yog koj yuav neeg pab koj teb cov lus hauv daim ntawv no:**

- Koj noog tau txhua tus neeg ua haujlwm rau Mental Health Plan pab koj.
- Koj hu tau kev pab ntawm Ceg Neeg Ua Num Pab Cov Koom Xeeb (Member Services).  
(916) 875-6069

Xovtooj dawb 1-888-881-4881

TTY (916) 876-8853

- Koj hu tau tus Txhawb Kev Muaj Cai Ntawm Cov Txais Kev Pab (Patient Rights Advocate):  
(916) 333-3800

**Sacramento County Board of Supervisors**

Phil Serna, 1<sup>st</sup> District  
Patrick Kennedy, 2<sup>nd</sup> District  
Susan Peters, 3<sup>rd</sup> District  
Sue Frost, 4<sup>th</sup> District  
Don Nottoli, 5<sup>th</sup> District

**County Executive**

Navdeep S. Gill

**Department of Health Services**

Peter Beilenson, MD, MPH, Director

**Division of Mental Health**

Ryan Quist, Ph.D., Director

Sacramento County MHP ua raws txoj cai kev vaj huam sib luag uas Tsoom Fwv tau muai tsee thiab yuav tsi muai kev ntub ntxauq los ntawm haiy neea. daim tawv. keeb kwm teb chaws. hnuv nvoog. lov npab lov ceg, los yog poj niam txiv neej.

***Ua Tawm Los Ntawm  
Ua Tawm Los Ntawm Tuam Nroog  
Sacramento, Ceg Ua Num Pab Kev Nyuaj Siab,***



**Tuam Nroog Sacramento Kev Kho  
Nyuaj Siab**

**Daim Ntawv  
Hais Kom  
Saib Dua**

**Ua Xws Li Sawvdaws/ Ua Kom Sai**

Sacramento County Mental Health Plan  
Quality Management, Member Services  
7001A East Parkway, Suite 300M  
Sacramento, CA 95823

Sacramento County Mental Health Plan  
Quality Management – Member Services  
7001-A East Parkway, Suite 300M  
Sacramento, CA 95823

Stamp  
Required

## Daiv Ntawv Hais Kom Saib Dua

**Paub zoo:** Kev xa daim ntawv no mus kom saib dua tom qab Raug Cai Khoo (Action) yuav tsis ua li cas rau koj cov kev pab ntawm Sacramento County Mental Health Plan. Ceg Neeg Ua Num Pab Cov Koom Xeeb (Member Services) yuav txiav txim es qhia rau koj tsis tshaj (45) plaubcaug tsib hnuv rau qhov Kev Saib Dua Xws Li Sawv daws los tsis tshaj (3) peb hnuv ua haujlwm rau qhov Saib Dua Kom Sai. Yog lawv tsis kam ua qhov Saib Dua Kom Sai, lawv yuav xa ib tsab ntawv tuaj qhia tus koom xeeb ces mam li pib kev Saib Dua Xws Li Sawvdaws. Thov khij qhov koj xav kom ua:

Saib Dua Xws Li Sawvdaws       Saib Dua Kom Sai

### Thov sau kom nyeem tau.

Hnuv Tim: \_\_\_\_\_ Chaw Txais Kev Pab: \_\_\_\_\_

Tus Txais Kev Pab Lub \_\_\_\_\_ Hnuv Yug: \_\_\_\_\_  
Npe: \_\_\_\_\_

Yog tus neeg txais kev pab yog menyuam yaus, sau tus muaj cai yug nws uas ua cov ntawv no rau nws lub npe: \_\_\_\_\_

Chaw Nyob (Zos/Lav/Lej Chaw Nyob): \_\_\_\_\_

Lej Xovtooj (Thov qhia seb lub caij twg zoo hu tshaj): \_\_\_\_\_

**1. Koj yuav kom rov saib dua txog dabtsi? Thov sau txog qhov teebmeem no kom meej txhua yam. Ntxiv lwm daim ntawv yog tias tsis txaus sau.**

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**2. Yog koj khij qhov kom Ua Sai, qhia seb vim li cas koj yuav xav kom Saib Dua sai. Thov qhia txog txhua yam npaum li qhia tau. Ntxiv lwm daim ntawv yog tias tsis txaus sau.**

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**3. Koj puas tau nrog tus neeg pab koj (tus tuav kev pab, tus pab kev nyuaj siab, tus qhia, tus kws khov kev nyuaj siab, lwm tus...) tham txog cov teeb meem no?    Tham lawm     Tsis tau tham**

**4. Koj yuav xav kom ua li cas thiaj li kej tau txoj kev Saib Dua no?**

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Tus Neeg Kom Saib Dua Lub Npe Xees: \_\_\_\_\_ Hnuv tim: \_\_\_\_\_