

Cov Yeeb Yam Qhia Txog Tias Quav Yeeb Tshuaj

Muaj kev hloov pauv rau lub siab lub ntsws los sis tus cwj pwm ntau heev.

Muaj kev hloov pauv tus cwj pwm kev noj haus thiab/los sis kev pw tsaug zog.

Nrog tsev neeg los sis tej phooj ywg sib cav sib ceg txog kev haus dej haus cawv thiab/los sis kev haus yeeb tshuaj.

Muaj teeb meem txog kev cim xeeb/tswv yim tws tas.

Tsis ua yus lub luag hauj lwm hauv vaj hauv tsev los sis tom chaw ua hauj lwm.

Ntaus phooj ywg nrog cov phooj ywg uas haus dej cawv/yeeb tshuaj.

Huam yees heev los sis muaj kev xav tuab ntwi txog kev haus dej cawv thiab/los sis yeeb tshuaj.

Tsav tsheb thaum qaug tshuaj/qaug dej cawv los sis raug ntes vim yog muaj feem cuam tshuam nrog yeeb tshuaj.

Cov Lus Qhia Paub Txog Kev Noj Tshuaj Ntau Dhau Lawm

Tsis txhob ua siab deb hu **rau 911** los mus thov kev kho mob ti tes ti taw/kev noj tshuaj ntau dhau lawm uas cuam tshuam nrog dej cawv thiab/los sis yeeb tshuaj.

Narcan® yog ib yam tshuaj uas tuaj yeem daws kho kev mob huam leej huam ceem los ntawm kev noj **tshuaj opioid los sis heroin ntau dhau lawm**. Cov neeg ua hauj lwm kho mob ti tes ti taw hom kheev nqa nrog nraim lawv. Narcan® kuj tseem muaj nyob hauv cov khw muag tshuaj uas xaiv tseg yam tsis tas muaj daim ntawv yuav tshuaj li.

Board of Supervisors

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County Executive

Ann Edwards

Department of Health Services

Chevon Kothari, Director

Division of Behavioral Health

Ryan Quist, Ph.D.
Behavioral Health Director

Substance Use Prevention and Treatment Services

Lori Miller, LCSW
Division Manager



Department of Health Services
Division of Behavioral Health Services

Substance Use Prevention and Treatment Services



Tuaj yeem kho kom



Muaj kev pab!



Peb Cov Kev Pab Cuam

Kev Pab Cuam Tiv Thaiv

Kev Kho Cov Neeg Mob Sab Nrauv

Kev Pab Cuam Perinatal rau cov poj niam xeeb tub thiab cov coj me nyuam mos

Kev Pab Cuam Thim Tshuaj/Txhaus Tshuaj Tawm

Kev Siv Tshuaj Kho Mob Los Pab Kho (tshuaj methadone, tshuaj buprenorphine, tshuaj naltrexone thiab tshuaj disulfiram, tshuaj Narcan®)

Kev Mus Kho Tom Chaw Nyob

Chaw Nyob Kho Kom Zoo Rov Qab/ Cov Chaw Nyob Uas Nyob Ntsiag To

Kev Pab Cuam Kho Kom Zoo Rov Qab/Kev Pab Cuam Tom Qab Kho Zoo Lawm

Cov Khoo Kas Tsav Tsheb Thaum Qaug Dej Cawv

Kev Sib Koom Tes Nrog Cov Tsev Hais Plaub



Cov niam txiv pej xeeb nyob hauv Nroog Sacramento uas muaj hnub nyoog 12+ xyos tau txais kev saib xyuas sib txuas zus txog kev tiv thaiv thiab kev kho kev quav yeeb tshuaj.

Cov kev pab cuam tiv thaiv yuav pab txhawb nqa cheeb tsam ib puag ncig hauv tsev neeg thiab pab txhawb kev txiav yeeb tshuaj thiab kev nyob kom tus.

Cov kev pab cuam kho mob yog yuav muaj pub dawb rau cov niam txiv pej xeeb hauv Sacramento feem coob uas muaj cai tsim nyog tau txais Medi-Cal.

System of Care cov neeg ua hauj lwm yuav nug koj txog ib co lus nug yooj yooj yim txog kev haus dej haus cawv thiab haus yeeb tshuaj los mus txiav txim xyuas txog qib kev kho mob uas zoo tshaj plaws rau koj thiab xa koj mus rau tus kws kho mob hauv koj lub zej zog. Muaj cov neeg ua hauj lwm uas hais tau ob hom lus thiab cov neeg pab txhais lus rau koj yam tsis tau them nqi.

Peb nkag siab tias kev ncav tes mus thov kev pab yog ib qho nyuaj. Kev Tiv Thaiv Kev Haus Yeeb Tshuaj thiab Kev Pab Cuam Kho Mob nyob ntawm no tos pab koj lawm!



System of Care rau Kev Kho Cov Neeg Quav Yeeb Tshuaj

Thov hu rau System of Care cov neeg ua hauj lwm los mus thov kev ntsuam xyuas txog kev quav yeeb tshuaj thiab kev pab xa koj mus kho kom zoo.



Koj tsab xov tooj thiab qhov kev kho mob rau koj yuav raug npog zais tsis pub lwm tus paub.

Hnub Monday txog Hnub Friday
8:00 teev sawv ntxov txog 5:00
teev tsaus ntu

Naj Npawb Xov Tooj
(916) 874-9754

**Cov Siv California Relay
Service 711**

**Tus Xov Tooj Tom Qab Sij
Hawm Ua Hauj Lwm**
(888) 881-4881

