

## Hours of Operation

Monday through Friday 8:00a.m. - 5:00p.m.

Toll Free After Hours 1-888-881-4881

## Emergency Services

Mental health emergency services are available for youth under 18 years old 10:00a.m. - 7:00p.m. 7 days a week through the Intake Stabilization Unit (ISU) at the Mental Health Treatment Center located at :

2150 Stockton Boulevard  
Sacramento, CA 95817  
916-875-1000

California Relay: 711

For after hour emergencies clients can be taken to the nearest emergency department.

## If You are Having a Life Threatening Emergency Call 911

Sacramento County does not discriminate on the basis of a disability. If you need an ADA accommodation in order to participate in, or have access to a county program, service, or activity in the Department of Health and Human Services, Division of Behavioral Health Services, please contact Quality Management at 916-876-2253 or by TTY/TDD by dialing 916-875-0844.



[www.dhs.saccounty.net/bhs](http://www.dhs.saccounty.net/bhs)

## Our Mission

*To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency*

Navdeep S. Gill  
County Executive

Peter Beilenson, MD, MPH, Director  
Department of Health Services

Ryan Quist, Ph.D.  
Behavioral Health Services Director

## Board of Supervisors

Phil R. Serna - 1st District  
Patrick Kennedy - 2nd District  
Susan Peters - 3rd District  
Sue Frost - 4th District  
Don Nottoli - 5th District



## Mental Health Access Team



**We link Sacramento County residents with culturally and linguistically competent, recovery-focused mental health services**

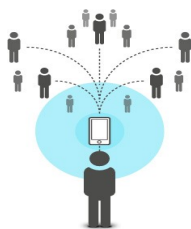
- Phone: 916-875-1055
- 24-Hour Toll Free: 888-881-4881
- TTY/TDD: 916-876-8892 or 711
- Fax: 916-875-1190

3331 Power Inn Road, Suite 180  
Sacramento, CA 95826

## What We Do

Mental Health Access Team provides Sacramento County residents with referrals or linkages to authorized specialty mental health services.

We determine eligibility for services based on referral information and by conducting a brief phone screening in the individual's primary language. Bilingual staff, interpreters and TTY/TDD are available at no cost.



## How Do You Start

Individuals, caregivers, schools, medical providers, and other concerned adults can refer to Access via phone, fax or US mail. A phone number and valid address is required to process the service request.



### Call

- Phone: 916-875-1055
- 24-Hour Toll Free: 888-881-4881
- TTY/TDD: 916-876-8892 or 711

### Fax

- Service requests can be faxed. Forms can be found on our website:



<http://www.dhs.saccounty.net/BHS/Pages/BHS-Home.aspx>

Fax completed form to: (916) 875-1190

### Mail

- Complete the Service Request Form in detail and mail to:



Sacramento County  
Mental Health Access Team  
3331 Power Inn Road, Suite 180  
Sacramento, CA 95826

## Next Steps

The Mental Health Access Team will determine the level of service needed and link the individual with a culturally and linguistically appropriate provider.



The Mental Health Access Team will give the individual the provider's name and telephone number.



In accordance with confidentiality regulations, the Mental Health Access Team will inform the referring party that the individual has been linked with a provider agency.



The Sacramento County contracted provider will contact the individual and/or caregiver to set up an appointment after the Access Team has authorized services.



## Available Services

The Sacramento County Mental Health Access Team refers to an extensive network of culturally competent and linguistically proficient mental health service providers. Services provided include:

- Crisis intervention
- Mental health assessments
- Therapy and/or rehabilitation services
- Intensive Home Based Services
- Skills building and support groups
- Case management
- Intensive Care coordination
- Linkage to community resources
- Medication support
- Early Childhood Mental Health
- Services for Youth with coexisting Mental Health and Alcohol/Substance Abuse Disorders