

# Kev Pab Kho Cov Hluas Quav Cawv thiab Quav Tshuaj

“Hla qhov tsis muaj leej twg thim rov qab thiab tsim qhov pib tshiab, txhua tus tuaj yeem peb tam sim no thiab tsim lub cim xaus tshiab.” - Carl Bard



**Division of Behavioral Health Services**  
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Alcohol and Drug Program Administrator

**Department of Health Services**  
Peter Beilenson, MD, MPH, Director

**County Executive:**  
Navdeep S. Gill

**Board of Supervisors:**

Phil Serna	1st District
Patrick Kennedy	2nd District
Susan Peters	3rd District
Sue Frost	4th District
Don Nottoli	5th District



## Koj los yog Ib Tus Hluas Koj Paub Muaj Teeb meem Quav Cawv los yog Quav Lwm Yam Tshuaj?

- ◆ Puas yog kev quav cawv los yog quav tshuaj ua rau tsev neeg, tsev kawm, los yog kev cai lij choj muaj teeb meem rau koj tus kheej los yog tus hluas uas koj paub ?
- ◆ Puas yog koj los yog ib tus hluas koj paub muaj kev npau taws los sis tau mus tawm tsam/sib ntaus thaum haus cawv los yog siv tshuaj?
- ◆ Puas yog koj los yog ib tus hluas koj paub siv lub sij hawm xav txog los sis xav haus cawv los yog lwm yam tshuaj?
- ◆ Puas yog koj los yog ib tus neeg hluas koj paub, plam ib qho uas koj/lawv xav ua vim qhov quav cawv thiab/los yog quav tshuaj?
- ◆ Puas yog koj los yog ib tus hluas koj paub tau muaj kev txhawj xeeb txog nws tus kheej qhov quav cawv los yog quav tshuaj?



**Los lus teb “yog” rau cov lus nug,  
thov xa mus rau lub chaw pab  
cuam muaj npe sab tom qab daim  
ntawv xov xwm no.**



Department of Health Services  
Division of Behavioral Health Services

# Alcohol and Drug Services



# Youth Treatment Services

**Xov tooj: (916) 875-2050**

## LEEJ TWG THIAJ MUAJ CAI TAU TXAIS KEV PAB?

Txhua tus hluas nyob hauv Nroog Sacramento uas tau muaj teeb meem quav cawv thiab\los sis quav tshuaj dhau los

Qhov muaj cai yog ua raws li tag nrho txhua yam ntawm Medi-Cal thiab\los sis tsis muaj pab kas phais uas pab them rau cov nqi kho mob quav dej cawv thia-b\los sis tshuaj

### KUV YUAV PIB QHOV TWG?

Hu rau ib lub chaw hauj lwm muaj npe ntawm daim ntawv xov xwm no kom paub ntau ntxiv los sis cov kev tshuaj ntsuas quav cawv thiab quav tshuaj tsis pub lwm tus paub

Kom paub ntau ntxiv txog Nroog Sacramento Cov Kev Pab Kho Quav Cawv thiab Quav Tshuaj rau cov hluas

*Hu Tau:*

### Alcohol and Drug Services

Xav Paub Ntau tshaj No Hu Rau:  
(916) 875-2050

California Lub Chaw Pab Hu Xov tooj: 711

(Muaj cov neeg ua hauj lwm hais ob hom lus thiab\los sis cov kws pab txhais lus tsis tau them nqi)

Cov kev pab tau muab rau

KEV MUAJ MENYUAM

Kev Pab Kho Quav Cawv thiab Quav Tshuaj rau Poj niam

Cov tshuaj txhaj rau cov poj niam cev xeeb tub yuav tsum ua raws li cov ntawv xaj txuas ntxiv no:

- Cov poj niam cev xeeb tub thiab txhaj tshuaj muaj yees
- Cov poj niam cev xeeb tub quav tshuaj muaj yees
- Cov neeg siv tshuaj txhaj
- Txhua lwm yam

## Cov Chaw Kho Mob Kho Cov Hluas Quav Cawv thiab Quav Tshuaj Tsis Pw Hauv Tsev Kho Mob

### LEEJ TWG YOG TUS XA?

Cov hluas raug txhawb kom mus ib leeg. Tsis tas li ntawv xwb, tsev neeg, cov kws qhia, cov kws sab laj, tus neeg ua hauj lwm pab cuam, los yog lwm tus neeg uas xav pab kom txuas nrog cov kev pab rau cov hluas tuaj yeem tiv toj rau cov chaw hauj lwm pab cuam txuas ntxiv no.

### North Sacramento

- **Strategies for Change**  
4441 Auburn Blvd. Suite E.  
Sacramento, CA 95841  
Phone: 473-5764  
Fax: 473-5766

### South Sacramento

- **Another Choice, Another Chance (ACAC)**  
7000 Franklin Blvd. Suite 625  
Sacramento, CA 95820  
Phone: (916) 388-9418  
Fax: (916) 388-9273
- **Sobriety Brings A Change (SBAC)**  
4600 47th Ave Suite 102  
Sacramento, CA 95824  
Phone: (916) 454-4242  
Fax: (916) 454-2930
- **Strategies for Change**  
4343 Williamsborough Dr  
Sacramento, CA 95823  
Phone: (916) 395-3552  
Fax: (916) 395-3683

### Isleton / Rio Vista

- **Rio Vista CARE, Inc.**  
628 Montezuma Street  
Rio Vista, CA 94571  
Phone: (707) 374-5243  
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