

Youth Alcohol and Drug Treatment Services

“Though no one can go back and make a new start, anyone can start from now and make a brand new ending.” - Carl Bard



Division of Behavioral Health Services

Ryan Quist, Ph.D.

Behavioral Health Director

Alcohol and Drug Program Administrator

Department of Health Services

Peter Beilenson, MD, MPH, Director

County Executive:

Navdeep S. Gill

Board of Supervisors:

Phil Serna	1st District
Patrick Kennedy	2nd District
Susan Peters	3rd District
Sue Frost	4th District
Don Nottoli	5th District



Is Alcohol or Other Drugs a Problem for You or a Teen You Know?

- ◆ Has drinking or drug use caused family, school, or legal problems for yourself or a teen you know?
- ◆ Have you or a teen you know lost their temper or gotten into arguments/fights while drinking or using drugs?
- ◆ Do you or a teen you know spend time thinking about or trying to get alcohol or other drugs?
- ◆ Have you or a teen you know, missed out on anything that you/they wanted to do because of drug and/or alcohol use?
- ◆ Have you or a teen you know been worried about his/her own drinking or drug usage?



If the answer is “yes” to one or more questions, please refer to the resources listed on the reverse side of this brochure.



Department of Health Services
Division of Behavioral Health Services

Alcohol and Drug Services



Youth Treatment Services

Telephone: (916) 875-2050

WHO IS ELIGIBLE FOR SERVICES?

Any youth living in Sacramento County who is experiencing alcohol and/or drug problems

Eligibility is based on full scope Medi-Cal and/or the lack of insurance that covers alcohol and/or drug treatment services

WHERE DO I BEGIN?

Call one of the listed sites on this brochure for information or a confidential alcohol and drug assessment

For more information about Sacramento County Alcohol and Drug Services for youth

contact:

**Alcohol and Drug Services
General Information Line:
(916) 875-2050**

**California Relay Service: 711
(Bilingual staff and/or interpreters are available at no cost)**

Preference provided for PERINATAL Alcohol and Drug Treatment Services to Youth

Injecting pregnant youth receive preference in the following order:

- Pregnant and injecting drug users
- Pregnant substance abusers
- Injecting drug users
- All others

Youth Alcohol and Drug Outpatient Treatment Providers

WHO MAKES A REFERRAL?

Youth are encouraged to refer themselves. In addition, family members, teachers, counselors, social workers, or anyone else who wants to help connect a youth with services can contact the following service agencies.

South Sacramento

- **Another Choice, Another Chance (ACAC)**
7000 Franklin Blvd. Suite 625
Sacramento, CA 95820
Phone: (916) 388-9418
Fax: (916) 388-9273

Isleton/Rio Vista

- **Rio Vista CARE, Inc.**
628 Montezuma Street
Rio Vista, CA 94571
Phone: (707) 374-5243
Fax: (707) 374-5381

- **Sobriety Brings A Change (SBAC)**
4600 47th Ave Suite 102
Sacramento, CA 95824
Phone: (916) 454-4242
Fax: (916) 454-2930

North Sacramento

- **Strategies for Change**
4441 Auburn Blvd. Suite E.
Sacramento, CA 95841
Phone: (916) 473-5764
Fax: (916) 473-5766

