

Sacramento County Coalition for Youth

Creating Community Action to Prevent Youth Alcohol Use



The Sacramento County Coalition for Youth is a new initiative launched in October 2015 to focus on the overarching goals in the Alcohol and Drug Prevention Services Strategic Plan addressing underage drinking.

By developing strong partnerships and strengthening existing partnerships, Sacramento County can build a strong and collective impact to best leverage currently available and potential prevention resources.

Coalition activities include the development of an Action Plan designed to implement environmental strategies targeting the prevention and reduction in youth alcohol use using media messaging, addressing social norms supporting wellness, and focusing on laws, policies and practices that can impact underage drinking.

Department of Health Services

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Division of Behavioral Health Services

Ryan Quist, Ph.D.

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Board of Supervisors:

Phil Serna 1st District

Patrick Kennedy 2nd District

Susan Peters 3rd District

Sue Frost 4th District

Don Nottoli 5th District



Alcohol and Drug Prevention Services



Department of Health Services
Division of Behavioral Health Services

Phone: 916-875-2050

Visit Us At: www.DHS.SacCounty.net

Who is Eligible for Primary Prevention Services?

- Sacramento County residents
- Individuals who have not begun to use substances;

or
- Individuals who have begun to use substances but have not yet displayed indicators of a substance use disorder **and** may benefit from prevention education

Who We Serve

- ◆ Youth
- ◆ Families
- ◆ Schools, Neighborhoods, and Communities

Services Provided

Bi-lingual staff and/or interpreters are available at no cost.

Services for Youth

Prevention services for youth are designed to increase protective factors, while reducing risk factors related to substance use, enhancing opportunities for family and school success.

Center for Collaborative Planning: *Youth Engaged In Action*

Omni Youth Programs: *Teens in Action*

People Reaching Out: *Leadership and Advocacy* school based programs

Sacramento County Office of Education: *Club Live , Friday Night Live and Friday Night Live Mentoring*

Services for Families

Families in prevention services receive education on reducing risk factors, as well skill-building to help foster positive family environments supporting youth abstinence and resiliency.

Center for Collaborative Planning: *Families & Communities Together*

Omni Youth Programs: *Active Parenting of Teens, Families in Action, and Family Matters*

Services for Schools, Neighborhoods, Communities

Prevention services for schools, neighborhoods and communities include outreach and education programs focusing on underage drinking with Train the Trainers curriculums to increase knowledge and abilities.

Center for Collaborative Planning and Omni Youth Programs: *Train the Trainers curriculums*

Sacramento County Office of Education: *Sacramento County Coalition for Youth*

For More Information
Regarding Prevention Services,
Please Contact Alcohol and Drug
Services at:

Phone: 916-875-2050

California Relay Service: 711

SERVICE GOALS

Too Early:

Reduce the percentage of youth reporting the initiation of alcohol use by the age of 15.

Too Much:

Reduce the percentage of youth who report engaging in binge drinking.

Too Often:

Reduce the percentage of youth who report drinking 3 or more days within the past 30 days.

STOP
UNDERAGE DRINKING