

 <p style="text-align: center;">County of Sacramento Department of Health Services Division of Behavioral Health Services Policy and Procedure</p>	Policy Issuer (Unit/Program)	Mental Health Services
	Policy Number	04-01
	Effective Date	08-22-07
	Revision Date	7-28-20
Title:	Functional Area:	
Levels of Care	Programs	
Approved By: <i>Signed version available upon request</i>		
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Background/Context:

The Division of Behavioral Health Services (BHS) offers a continuum of mental health services for clients and families appropriate to their unique needs. This policy provides information on specialty mental health services for individuals who live in Sacramento County.

Definitions:

- A. Adults – 18 years or older.
- B. Children and Youth – under 21 years of age.
- C. DHS – County of Sacramento Department of Health Services.
- D. High intensity – Community-based intensive services with 24/7 crisis support. Includes a “whatever it takes” approach.
- E. LOCUS - Level of Care Utilization System.
- F. Low intensity – Recovery maintenance, health management, medication management, site-based support. No 24/7 crisis support.
- G. Medical necessity – The criteria that identify service need based on

inclusion of specific signs, symptoms, and conditions and proposed treatment associated with mental illness, consistent with County Quality Management (QM) Policy, QM 01-07 Determination for Medical Necessity and Target Population.

- H. Moderate intensity – Community-based services that do not require daily supervision but treatment may be several times weekly, with 24/7 crisis on-call.
- I. Residential Treatment – Structured and monitored residential services.
- J. Secured setting – Medically managed secured setting. This includes Mental Health Rehab Centers, locked Skilled Nursing Facilities and State Hospitals.
- K. Target population - For the purposes of county mental health services, target population refers to individuals with severe disabling conditions that require mental health treatment giving them access to available services based on these conditions, as indicated in County QM Policy, QM 01-07 Determination for Medical Necessity and Target Population.
- L. TAY – Transition Age Youth, 16-25 years of age.

Purpose:

To provide an overview of levels of care within Sacramento County Mental Health System.

Details:

A. DHS Mental Health Plan Medi-Cal Provider List

The Mental Health Plan Medi-Cal Provider List describes provider type, name, address, hours of service, phone number, program populations served, linguistic/cultural capacity and specialties.

1. Providers listed serve individuals who live in Sacramento County.
2. Programs are listed alphabetically for easy reference.
3. Provider list is subject to change.

See DHS Mental Health Plan Medi-Cal Provider List at the following link:
<http://www.dhs.saccounty.net/BHS/Pages/GI-Mental Health Providers.aspx>

B. Mental Health Service Intensity Grid

The Mental Health Service Intensity Grid (Attachment A) describes services grouped according to intensity, frequency, and duration for clients who meet target population criteria. The following client populations are served at all levels of service intensity:

1. Adults
 - a. Service recipients must be 18 years or older.
2. TAY
 - a. Service recipients must be 16-25 years of age (exceptions apply).
3. Children and Youth
 - a. Service recipients must be under 21 years of age.
4. Homeless
 - a. Service recipients include adults, TAY, children and youth.
 - b. Service recipients must be living in a place not meant for human habitation.

Reference(s)/Attachments:

[Request for Change of Provider](#)

[Mental Health Plan Provider List](#)

System of Care Service Grid and Intensity (Attachment A)

Related Policy:

[Department of Health Care Services letter regarding Medi-Cal Managed Care Plan \(MCP\) Responsibilities for Outpatient Mental Health Services](#)

[PP-BHS-MH-03-08 Bi-Directional Managed Care Plan Referral Process](#)

[QM P&P 01-07 Determination for Medical Necessity and Target Population](#)

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