

Meeting Minutes 10.3.22

Behavioral Health Youth Advisory Board

Name	Attendance
Audrey Nunez	x
Ja'Lyn Wright	X
Jordan Kaitapu	X
Mark Borges	X
Merissa Posh	
Natanya Kharat	X
Ria Srivastava	x
Savanna Karmue	X
Trayzell White	

5:32 pm Welcome & Introductions

- Board members and presenters introduced themselves, no members of the public were present

5:32 pm Public comment

- No public comment

5:33 pm Approval of agenda/ meeting minutes

- Savanna Motions to approve the agenda this afternoon
- Agenda is approved
- Savanna motions to approve the meeting minutes for our last meeting on 9/24/2022
- Minutes are approved

5:34 pm Ice Breaker

- Savanna introduces the icebreaker
- Each member had an opportunity to express their thoughts and share their answers to the icebreaker

5:38 pm Action Items

- The BHYAB officially voted on their 3 policy brief ideas and recommendations for their policy brief
 - With suicide being the second leading cause of death for youth, and with LGBTQ+ youth experiencing greater disparities in depression than their cisgender, heterosexual counterparts, we need to better track health data for SOGIE (sexual orientation, gender identity, and expression) students and make data-driven decisions to accurately allocate resources to those students through targeted programming and support

- Fund and require that culturally competent health education courses for students include information on mental health, allowing schools to provide mental health and equity training for students and staff.
- In a world where 8 out of 10 young people surveyed are looking to learn coping skills to help them deal with the stresses of everyday life, we need more mental health practitioners on school campuses to increase capacity for direct intervention and peer-to-peer programming.
- The board voted to create subcommittees to develop “data reports” for their policy brief
- Motion to vote board member Audrey Nunez to be the administrative subcommittee was approved

5:49 pm Member Activity

- Members split off into groups of three and were given a policy brief idea to do research on.
 - While in groups they were also filling out a google doc to compile all their notes
 - What policies are in place?
 - Why are these policies (not) working?
 - What are other cities (or maybe other programs) doing?
 - Are there experts with whom you can consult?

6:55 Voting (correction of THE wording of policy brief)

- BHYAB voted to reword one of their policies to read:
 - With suicide being the second leading cause of death for youth, and with marginalized groups (LGBTQ+ youth, youth of color, and youth of lower socioeconomic status) experiencing greater disparities with lack of access to mental health resources, we need better focus and support groups for these students and make driven decisions to accurately allocate resources to those students

6:57 pm Break

7:07 pm Member Debrief

- Members let each other know how they are doing in the process of interviewing their districts board of supervisors

7:14 pm To-do

- BHYAB was reminded of the Youth listening session happening on October 15th during their regular meeting time, 5:30-7:30 pm
- Members are to continue doing research on their assigned policy brief and send their findings to Xynthia and Savanna
- Meeting with Chris Williams has been rescheduled to be November 7th with Claudia Jasin for our Policy brief draft presentation

7:15 pm Meeting Adjourned