

Meeting Minutes 5.6.22
Behavioral Health Youth Advisory Board

Name	Attendance
Audrey Nunez	X
Ja'Lyn Wright	X
Jordan Kaitapu	X
Madison Nguyen	X
Mark Borges	X
Merissa Posh	X
Ria Srivastava	X
Savanna Karmue	X
Trayzell White	X

5:30 pm

Welcome & Introductions

- 5:30 pm Board members and presenters introduced themselves to the public
 - Stated their names and the district/organization they represent

5:34 pm Approval of agenda

- 5:34 pm members approved the agenda for the evening 5/6/22

5:40pm Vote for upcoming meeting dates

- Summer quorum Monday evenings 5:30-7:30pm, Wednesdays 1pm- 3pm
 - First Monday and third Wednesday of the month
- 5:38 pm member motioned and approved summer quorum meeting dates

5:38 pm Partner presentation

- 5:38 pm NAMI presenters began their presentation on "Ending the Silence" initiative, which will be presented in schools
- Defined stigma and mental health/illness
 - What can you do to help others who show signs of mental health issues?
- Members inquired how to advance NAMI efforts, and learned about opportunities to become youth presenters of lived experience

6:35 pm 10-minute break

- 6:38 pm break is called by Savanna Karmue, Board Chair, for the board members

6:44 pm Partner collaboration survey results

- 6:44 pm survey was conducted in Sacramento County high schools
- Average school grade was 10th grade
- Survey takers were diverse

7:27 pm Public comment

- 7:27 Public members decided to skip public comment and provided contact information to board members
- Members enjoyed the meeting and survey. Excited for the conference next week.

7:30 pm Adjournment

- 7:30pm meeting adjourned by board chair