

**Sacramento County  
Mental Health Board (MHB) General Meeting Minutes**

March 2, 2022

**Meeting Location**

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

<b>Attendance</b>			
<b>MHB Members</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Loran Sheley, <i>Chair</i>	<u>Present</u> Absent	Bradley Lueth	<u>Present</u> Absent
Corrine McIntosh Sako, <i>Vice-Chair</i>	<u>Present</u> Absent	Jasmine Morales	<u>Present</u> Absent
Laura Bemis, <i>Secretary</i>	<u>Present</u> Absent	Maria Padilla-Castro	Present <u>Absent</u>
Ann Arneill	<u>Present</u> Absent	Silvia Rodriguez	<u>Present</u> Absent
William Cho	<u>Present</u> Absent	Lourdes Santana-Sanchez	<u>Present</u> Absent
Ryan Gallant	<u>Present</u> Absent	Theresa Riviera	<u>Present</u> Absent
Supervisor Patrick Kennedy	Present <u>Absent</u>	Paul Wagstaffe	<u>Present</u> Absent
<b>County Staff to MHB</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Jason Richards	<u>Present</u> Absent	Rob Parrish (Janice Snyder covering)	<u>Present</u> Absent

<b>Agenda Item</b>	<b>Discussion</b>
<b>I. Welcome and Introductions</b>	Dr. Corrine McIntosh Sako called the meeting to order at 6:00 p.m. A quorum was declared and introductions were made.
<b>II. Comfort Agreement</b>	Ms. Laura Bemis read the MHB Comfort Agreement.
<b>III. Approval of Minutes</b>	Mr. Paul Wagstaffe moved to approve the minutes and Dr. Ann Arneill seconded the motion. (All members voted Aye.) Motion carried.
<b>IV. System Partner Updates</b>	<p><b>Advocacy Update</b> Ms. Andrea Housley, Ms. Robin Barney, and Ms. Angelina Woodberry announced the following:</p> <ul style="list-style-type: none"> <li>Ms. Housley was interviewed by Glen Price Group regarding the topic of student housing and she provided feedback.</li> <li>The Youth Advocacy Committee will be presenting to the Youth Advisory Board this Friday to introduce them to the work that they do.</li> <li>The 26<sup>th</sup> Annual Peer Empowerment Conference will be on June 10<sup>th</sup>, with an emphasis on self care in the recovery journey.</li> <li>The California Association of Peer Professionals is a membership based organization for peer professionals in California, in partnership with CalVoices. A flyer for this organization was distributed in the chat.</li> </ul> <p><b>Association of Behavioral Health Contractors</b></p>

Agenda Item	Discussion
	<p>Ms. Diane White announced the following:</p> <ul style="list-style-type: none"> <li>• Behavioral Health professionals are in a workforce crisis in California, with most providers having many job openings at this time. This has resulted in existing staff being overworked and taking on more clients than usual, resulting in less attention and time for each client. An examination of ways to alleviate this workforce shortage is underway.</li> </ul>
<p><b>V. Mental Health Board Business</b></p>	<p><b>Liaison Reports</b> No written liaison reports were submitted for this meeting.</p> <p><b>Committee and Workgroup Updates</b></p> <ul style="list-style-type: none"> <li>• <b>Adult System of Care Committee:</b> Dr. McIntosh Sako reported the following: <ul style="list-style-type: none"> <li>○ Dr. Geoff Twitchell, BHS Forensic Division Manager, gave a presentation on Laura's Law/AOT.</li> <li>○ Ms. Tiffany Senate gave a presentation on behavioral health programs offered through the Public Defender.</li> <li>○ The Committee examined May's Consent Decree information from the Sheriff's Department.</li> <li>○ The next Adult System of Care Committee meeting will be on March 22nd at 4 p.m.</li> </ul> </li> <li>• <b>Children's System of Care Committee:</b> Ms. Silvia Rodriguez reported the following: <ul style="list-style-type: none"> <li>○ The School-Based Mental Health Services Report as approved by the MHB was submitted to BHS and the Board of Supervisors. SCOE was cc'd on the submission and the MHSA Steering Committee will receive the report via announcement at their next meeting by the MHB liaison, Mr. Brad Lueth.</li> <li>○ The Children's System of Care Committee did not have its meeting in February due to Brown Act noticing requirements. They will resume meeting in March.</li> <li>○ The next Children's System of Care Committee meeting will be on March 24th at 4 p.m.</li> </ul> </li> <li>• <b>Executive Committee:</b> Dr. McIntosh Sako reported the following: <ul style="list-style-type: none"> <li>○ The Executive Committee developed a proposed update to the MHB Comfort Agreement (Item VI below).</li> <li>○ The next Executive Committee meeting will be on March 15th at 12 p.m.</li> </ul> </li> <li>• <b>Wellness Crisis Call Center and Response Ad Hoc Workgroup:</b> Dr. McIntosh Sako reported the following: <ul style="list-style-type: none"> <li>○ The Workgroup meets with BHS to discuss program updates on the 4<sup>th</sup> Friday of every month.</li> <li>○ WCCCR program updates are posted on the website at: <a href="https://dhs.saccounty.gov/BHS/Pages/Wellness-Crisis-Call-Center-and-Response.aspx">https://dhs.saccounty.gov/BHS/Pages/Wellness-Crisis-Call-Center-and-Response.aspx</a></li> <li>○ The Selection Committee for the WCCCR Program Committee will begin meeting and selecting members as described in the MHB bylaws. Ms. Rodriguez was appointed by the interim Chair to represent the MHB.</li> </ul> </li> </ul> <p><b>Mental Health Board Announcements</b></p>

Agenda Item	Discussion
	<ul style="list-style-type: none"> <li>• Dr. McIntosh Sako announced that NAMI will have their annual NAMI Walks fundraising event in person for the first time in three years. Information was distributed in the chat.</li> </ul>
<p><b>VI. Mental Health Board Discussion/Action Item: Mental Health Board Meeting Procedures</b></p>	<p>Dr. McIntosh Sako reviewed the current comfort agreement (Handout #4), etiquette guidelines as determined by the MHB at their annual retreat (Handout #5), and proposed changes as determined by the Executive Committee (Handout #6). MHB member feedback included:</p> <ul style="list-style-type: none"> <li>• Dr. McIntosh Sako discussed the proposed change in name from “Comfort Agreement” to “Conduct Agreement,” as well as the addition of a visible timer during public comments to help keep the time.</li> <li>• Dr. McIntosh Sako discussed her hope that the Comfort/Conduct Agreement could be a way to develop shared understanding between MHB members, including being able to disagree while maintaining respect for one another.</li> <li>• Dr. Arneill suggested that Item #6 should say “respectfully” instead of “respectively.”</li> <li>• Mr. William Cho suggested that the words “ouch” and “oops” be replaced with more mature verbiage. Mr. Wagstaffe stated that the concept behind that item is important and should be included, but that it could be rephrased more professionally.</li> <li>• Mr. Ryan Gallant highlighted the common sense nature of the conduct agreement as guidelines for treating each other respectfully, and suggested that the MHB not waste too much extra time on it.</li> <li>• Ms. Rodriguez suggested that members should propose solutions, rather than just criticisms.</li> <li>• Mr. Gallant proposed that members should “do unto others what you would have them do unto you,” and reiterated that many of the guidelines are common sense.</li> <li>• Mr. Wagstaffe proposed a friendly amendment to include language from the California Association of Local Behavioral Health Boards and Commissions code of conduct which weren’t included in the initial draft. Dr. McIntosh Sako shared these on the screen and noted that the proposed Conduct Agreement captures the spirit of the additional items. <ul style="list-style-type: none"> <li>○ Dr. Arneill and Ms. Bemis accepted the friendly amendment, as the moving parties below.</li> </ul> </li> </ul> <p>Public comments:</p> <ul style="list-style-type: none"> <li>• Community member expressed appreciation for the Conduct Agreement and requested that MHB meetings continue to be held remotely, to encourage community member participation.</li> </ul> <p>Dr. Arneill moved to approve the amended Conduct Agreement and Ms. Bemis seconded the motion. (Mr. Cho voted No. All other members voted Aye.) Motion carried.</p>
<p><b>VII. Division of Behavioral Health Services</b></p>	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> <li>• Covid levels have fallen to levels experienced before the Omicron variant, but not quite to the levels seen before the Delta variant.</li> </ul>

Agenda Item	Discussion
	<ul style="list-style-type: none"> <li>• Masks are no longer required in County buildings for vaccinated individuals, but continue to be recommended.</li> <li>• The MHB will be able to make a determination at a future meeting on whether they will continue to meet virtually or in person. <ul style="list-style-type: none"> <li>○ Mr. Lueth, Dr. Arneill, Mr. Cho, and Mr. Wagstaffe advocated for a hybrid meeting option. Dr. Quist highlighted that the logistics of having hybrid meetings would need to be determined.</li> </ul> </li> <li>• March has many Cultural Observances as listed in the Director’s Report (Handout #7). Dr. Quist highlighted that March is Women’s History Month.</li> <li>• Sacramento County has many community members with connections with Ukraine. Dr. Quist highlighted support for the Ukrainian community during this time.</li> <li>• Additional clinicians are being contributed by BHS to the juvenile justice system to facilitate mental health services.</li> <li>• A Family Full Service Partnership request for proposals will be available in the Spring. This program will provide support to family housing units. Either a parent or child can be the “client” while strategic therapeutic support will be provided with the whole family in mind.</li> <li>• Dr. Quist expressed agreement with the workforce challenges in the Behavioral Health field, as expressed by Ms. Diana White above. Behavioral Health providers, including the County, continue to experience severe challenges meeting the service needs of community members.</li> </ul>
<b>VIII. Public Comment</b>	<p>Public Comment 1: Community member advocated for renaming the Wellness Crisis Call Center and Response program with additional feedback from community members.</p> <p>Public Comment 2: Community member expressed agreement with Public Comment 1, and advocated for renaming the Wellness Crisis Call Center and Response program with additional feedback from community members.</p>
<b>IX. Adjournment</b>	Dr. McIntosh Sako adjourned the meeting at 7:26 p.m.