

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes**

February 2, 2022

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Loran Sheley, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Corrine McIntosh Sako, <i>Vice-Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Jasmine Morales	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Bemis, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Ann Arneill	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Silvia Rodriguez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
William Cho	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Lourdes Santana-Sanchez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Ryan Gallant	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Theresa Riviera	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Supervisor Patrick Kennedy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Paul Wagstaffe	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Rob Parrish	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	<p>Chair Loran Sheley called the meeting to order at 6:01 p.m. and introductions were made.</p> <p>Chair Sheley announced that a timeslot to discuss meeting etiquette would be included at the next MHB General Meeting. Chair Sheley requested that public comments be directed either towards the Chair or the MHB as a whole, and reminded participants about the two minute time limit.</p>
II. Comfort Agreement	Ms. Laura Bemis read the MHB Comfort Agreement.
III. Consent Matters	<p>Ms. Silvia Rodriguez moved to amend the minutes to reflect the new Vice-Chair of the MHB, Dr. Corrine McIntosh Sako.</p> <p>Ms. Rodriguez moved to approve the amended minutes and Ms. Bemis seconded the motion. (Mr. Ryan Gallant and Ms. Theresa Riviera abstained. All other members voted Aye.) Motion carried.</p> <p>Two receive and file items were recorded:</p> <ul style="list-style-type: none"> Letter from Mr. Ryan Gallant dated December 16, 2021, Regarding Sacramento County Mental Health Board - Last Night's Special Meeting (Handout #03a) Letter from Ms. Maria Padilla-Castro dated January 27, 2022, Regarding Comfort Agreement and Meeting Decorum (Handout #03b)

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<p>IV. System Partner Updates</p>	<p>Advocacy Update Ms. Angelina Woodberry, Ms. Robin Barney, and Ms. Andrea Housley announced the following:</p> <ul style="list-style-type: none"> • A Peer Partner Conference will be held on June 10th with more information to come. • Community members have asked for information about a group for people who hear voices. Ms. Diane White provided information on this group in the chat. • A Peer Adult Advocate Committee, made up of peer support workers in Sacramento County, meets the 4th Thursday of the month from 3:00 – 4:30 p.m. Please reach out to Angelina Woodberry for further information at woodberryan@saccounty.net. • CalVoices had a successful Town Hall meeting regarding employment for Peers. • A frequent topic of phone calls from family members tends to center around finding services for their parents. Family members have expressed challenges due to Covid. • Youth and their families are experiencing an increase in stressors due to Covid. Meeting attendees were reminded of the importance of taking an empathetic approach during this time. <p>Association of Behavioral Health Contractors</p> <ul style="list-style-type: none"> • No announcements were made.
<p>V. Mental Health Board Business</p>	<p>Liaison Reports Written liaison reports were distributed for the MHSA Steering Committee, the Older Adult Coalition, and the Behavioral Health Racial Equity Collaborative.</p> <p>Committee and Workgroup Updates</p> <ul style="list-style-type: none"> • Adult System of Care Committee: Dr. Corrine McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ Rob Kesselring and Alondra Thompson presented on the topic of Peer Support Specialists. ○ Presentation and discussion with the Public Health Advisory Board’s Correctional Health Committee. ○ The committee opted not to make any recommendations regarding Peer Support Specialists at this time, but will do so in the future as bandwidth allows. ○ The next Adult System of Care Committee meeting will be on February 22nd at 4 p.m. • Children’s System of Care Committee: Ms. Silvia Rodriguez reported the following: <ul style="list-style-type: none"> ○ There will be a follow-up to the Children’s System of Care report, voted on at this meeting, focusing on the referral system for mental health services as well as underserved populations. ○ The Children’s System of Care Committee will be gathering information from the school system, behavioral health system, and parents and youth to inform the next report. ○ The next Children’s System of Care Committee meeting will be on February 24th at 4 p.m. (This

Agenda Item	Discussion
	<p>meeting ended up being cancelled at a later date, due to Brown Act noticing challenges.)</p> <ul style="list-style-type: none"> • Executive Committee: Chair Sheley reported the following: <ul style="list-style-type: none"> ○ The Executive Committee will be working on finalizing MHB mission and values statement, make it public, and develop a checklist to guide work product. ○ MHB members will be surveyed on their priorities for 2022, for planning presentations during this year. ○ The next Executive Committee meeting will be on February 15th at 12 p.m. • Wellness Crisis Call Center and Response Ad Hoc Workgroup: Chair Sheley reported the following: <ul style="list-style-type: none"> ○ The WCCRT program is tentatively scheduled to begin in July of this year. ○ Another community stakeholder presentation is planned for a future date, to be announced. ○ Recruitment efforts remain ongoing with career fairs and other opportunities for provider support. ○ Workgroup members plan to continue meeting with BHS on a monthly basis for updates on the WCCRT program. The workgroup will continue to function as the interim advisory committee until the official committee is seated, upon Board of Supervisors approval. <p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> • Ms. Bemis announced that NAMI has a program which involves peer support mentors supporting individuals coming out of recovery programs. Information on this program is available at namisacramento.org. • Chair Sheley announced the following committee changes: <ul style="list-style-type: none"> ○ Ms. Riviera and Ms. Padilla-Castro left the Children’s System of Care Committee. <p>Election of at-large member for Executive Committee</p> <ul style="list-style-type: none"> • William Cho was approved as the at-large member for Executive Committee. Votes were as follows: <ul style="list-style-type: none"> ○ Aye: Chair Sheley, Ms. Rodriguez, Dr. Ameill, Mr. Gallant, Ms. Santana-Sanchez, Ms. Bemis, Supervisor Kennedy, Ms. Morales, Mr. Lueth, Ms. Padilla-Castro, Ms. Riviera, and Mr. Wagstaffe ○ No: Dr. McIntosh Sako ○ Abstain: Mr. Cho
<p>VI. Mental Health Board Discussion/Action Item: Review and Approve Report on School-Based Mental Health Services</p>	<p>The MHB reviewed the Children’s System of Care Committee’s report on School-Based Mental Health Services (Handout #04).</p> <ul style="list-style-type: none"> • Ms. Rodriguez summarized the report and reminded members that they were sent the report before the meeting. • Mr. Wagstaffe affirmed the Children’s System of Care Committee for their great work on the report. Mr. Wagstaffe advocated for further discussion on the proposed community member voting rights, and affirmed the importance of community input. • Dr. McIntosh Sako commended the Children’s System of Care Committee for their hard work, and expressed support for the report.

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	<p>Public Comments:</p> <ul style="list-style-type: none"> • Community member expressed support for the Children’s System of Care Committee’s report, and highlighted its efforts to reach out to schools as a great example to be followed throughout the state. • Community member advocated for distribution of the report. Meeting attachments were redistributed in the chat at the time of the request, for those who weren’t present for initial distribution at the beginning of the meeting. Dr. Richards also provided contact information for members of the public who would like to be added to the MHB email distribution list. • Community member affirmed the committee’s efforts in reaching out to community organizations, and expressed support for the report. • Community member advocated for more reports like this one, and expressed support. • Community member advocated for collaboration between local schools and community organizations, and expressed support for the report. <p>Ms. Rodriguez moved to approve the report. Mr. Wagstaffe seconded the motion. (Ms. Padilla-Castro abstained. All other members voted Aye.) Motion carried.</p>
<p>VII. Division of Behavioral Health Services</p>	<p>Ms. Melissa Jacobs, BHS Division Manager, reviewed the written Director’s report (Handout #05) on behalf of Dr. Ryan Quist, Behavioral Health Director, and on the status of Behavioral Health Services.</p> <p>Ms. Jacobs highlighted the ongoing Covid pandemic, coping resources, Covid testing information, homeless efforts, cultural events such as Lunar New Year and Black History Month, provider rate increases, and CalAIM implementation efforts.</p>
<p>VIII. Public Comment</p>	<p>Public Comment 1: Community member advocated for the exclusion of law enforcement in the WCCRT planning process, and affirmed the outspokenness of members of the public who have experienced trauma.</p> <p>Public Comment 2: Community member discussed homelessness efforts on behalf of the Housing That Heals organization.</p> <p>Public Comment 3: Community member stated that the name of the Comfort Agreement falsely implies that MHB members have a right to be comfortable at meetings, and advocated for it to be renamed.</p>
<p>IX. Adjournment</p>	<p>Chair Sheley adjourned the meeting at 7:25 p.m.</p>