

Sacramento County
Mental Health Board (MHB) General Meeting Minutes
 April 7, 2021

Meeting Location

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Loran Sheley, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Supervisor Patrick Kennedy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Silvia Rodriguez, <i>Vice-Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Bemis, <i>Secretary</i>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Ann Arneill	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Theresa Riviera	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Ryan Gallant	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent		
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Janice Snyder	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions <ul style="list-style-type: none"> Welcome new member Ryan Gallant 	Chair Loran Sheley called the meeting to order at 6:04 p.m. and introductions were made. The MHB welcomed new member Ryan Gallant.
II. Comfort Agreement	Ms. Ann Arneill read the MHB Comfort Agreement.
III. Approval of Minutes	Ms. Arneill moved to amend the last sentence at the top of page 5 of the March General Meeting minutes to, “make recommendations to the MHB on this issue.” Ms. Arneill moved to approve the amended minutes and Mr. Brad Lueth seconded the motion. Ms. Maria Padilla-Castro, Ms. Silvia Rodriguez, and Mr. Ryan Gallant abstained. Motion carried. Ms. Rodriguez moved to approve the March 2021 Special Meeting minutes and Ms. Arneill seconded the motion. Mr. Gallant abstained. Motion carried.
IV. System Partner Updates	Advocacy Update Ms. Robin Barney announced the following: <ul style="list-style-type: none"> On Friday, April 16th, the Expert Pool event will be held via Zoom from 1 p.m. – 3 p.m. Association of Behavioral Health Contractors No updates were made.

Agenda Item	Discussion
<p>V. Mental Health Board Business</p>	<p>Liaison Reports Liaisons reported on the Quality Improvement Committee, Human Services Coordinating Council, and Behavioral Health Racial Equity Collaborative.</p> <p>Standing Committee Updates</p> <ul style="list-style-type: none"> • Adult System of Care Committee: Ms. Arneill reported that the Adult System of Care Committee met on March 23rd and accomplished the following: <ul style="list-style-type: none"> ○ Chair Sheley and Ms. Arneill updated the committee on County homeless policy and provided updates. ○ Ms. Arneill is in the process of developing homeless fact sheets for the committee, and will be providing further information at the April meeting. ○ The next Adult System of Care Committee meeting will be on April 27th at 4 p.m. • Children’s System of Care Committee: Ms. Rodriguez reported that the Children’s System of Care Committee met on March 25th and accomplished the following: <ul style="list-style-type: none"> ○ Ms. Arneill gave a presentation on qualitative research regarding mental health statistics for the youth/student population in Sacramento County. ○ An open youth forum gave youth the opportunity to provide public comment on solutions for improving mental health services for school age children. ○ The committee will be developing a report to be approved by the full MHB, before submission to the Board of Supervisors. ○ The next Children’s System of Care Committee meeting will be on April 22nd at 4 p.m. <p>Existing Committee Appointments Chair Sheley announced the following committing appointments:</p> <ul style="list-style-type: none"> • Ms. Padilla-Castro was added to the Children’s System of Care Committee, removed from the Adult System of Care Committee, and removed from the Ad Hoc Committee on Community Advisory Board Function for Behavioral Health Crisis Response Program. • Ms. Riviera was added to the Ad Hoc Committee on Community Advisory Board Function for Behavioral Health Crisis Response Program. • Chair Sheley was added to the Ad Hoc Committee on Community Advisory Board Function for Behavioral Health Crisis Response Program. <p>Sacramento County Director of Health Services Recruitment Update Chair Sheley provided an update on recruitment efforts for the new Sacramento County Director of Health Services, as follows:</p> <ul style="list-style-type: none"> • The recruitment process for this position is ongoing. The County has included Chair Sheley is assisting with the recruitment process as the Chair of the MHB. • Chair Sheley shared some qualities which are considered important in choosing a candidate, including experience with County mental health programs and a focus on collaboration with local boards and community partners.

Agenda Item	Discussion
	<ul style="list-style-type: none"> • Ms. Silvia Rodriguez affirmed that expertise in mental health and substance use issues should be considered important in the recruitment process. • Janice Snyder and Chair Sheley clarified that the full MHB was unable to be consulted in the recruitment process due to time constraints. Ms. Rodriguez and Ms. Padilla-Castro encouraged full MHB inclusion regardless of time constraints. <p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> • Mr. Gallant announced Kid’s Day in the Park on April 24th in Rancho Cordova, which is sponsored by Sacramento County to raise awareness for National Children’s Mental Health Day. Mr. Gallant drew the MHB’s attention to a community organization involved in this event which is perceived to be anti-science. • Ms. Padilla-Castro reminded the MHB about their Homelessness Recommendation letter, which was submitted to the Board of Supervisors as a receive and file item for the April 20th Board date. • Chair Sheley announced that the MHB will be holding a Public Hearing on the MHSA Three Year Plan at the June meeting. BHS Division Manager Jane Ann Zakhary will be giving a presentation on the MHSA Three Year Plan at the May MHB meeting, in advance of that hearing.
<p>VI. Mental Health Board Discussion Item: Discuss need for action plan for Behavioral Health Racial Equity Collaborative Track 1 goal</p>	<p>Ms. Arneill summarized the purpose of the Behavioral Health Racial Equity Collaborative, which is to promote racial equity in Sacramento County. An action plan for the Collaborative Track 1 goal is currently in development, as detailed in Handout #6. The MHB is having a training in June on these issues, and Ms. Arneill suggested that the MHB postpone the development of an action plan until after that training.</p>
<p>VII. Mental Health Board Discussion Item: Continued discussion regarding MHB performing community advisory board function for Behavioral Health Crisis Response Program to provide input on and help inform development and operation of program and updates from ad hoc committee</p>	<p>The MHB continued discussion regarding a community advisory board function for the Behavioral Health Crisis Response Program, to provide input on and help inform development and operation of the program as discussed by the ad hoc committee.</p> <ul style="list-style-type: none"> • The Board of Supervisors met on March 30th to discuss the Behavioral Health Crisis Response Program, and discussions are ongoing. • Dr. Quist provided the following updates on this program: <ul style="list-style-type: none"> ○ A national initiative is underway to create a nation-wide 988 number for behavioral health crises, including suicide prevention. ○ AB 988 will be for implementation of this initiative in the State of California. ○ New funding related to Covid may become available to help with 988 implementation as well as mobile response efforts. ○ BHS will be returning to the Board of Supervisors in June regarding this issue as a part of the budget process, to move the Behavioral Health Crisis Response Program forward. ○ Dr. Quist affirmed the MHB’s role as an advisory board for this program. ○ Ms. Arneill asked for clarification regarding the MHB versus a separate Board providing an advisory role for this program, based on discussions at the Board

Agenda Item	Discussion
	<p>meeting on March 31st. Dr. Quist to follow up with the County Executive’s Office to clarify.</p> <ul style="list-style-type: none"> ○ Ms. Padilla-Castro highlighted the large amount of ongoing changes and initiatives relevant to behavioral health in Sacramento County. ○ Ms. Rodriguez advocated for coordination between the City of Sacramento, County of Sacramento, and State of California on these issues. ○ Ms. Padilla-Castro highlighted the importance of community involvement in the planning process for this program. Dr. Quist discussed the feedback received on this issue from over 500 community members and community organizations at multiple listening sessions. <p>Public Comments:</p> <ul style="list-style-type: none"> • Community member advocated for MHB involvement in providing more of an advisory role for the Behavioral Health Crisis Response Program. • Community member advocated for an independent advisory board, apart from the MHB, for the Behavioral Health Crisis Response Program. This community member stated that the BHS director should delegate others to assist with board appearances if there are too many of them. • Community member advocated for peer involvement in advisory boards and inclusion of individuals who reflect the demographics of the community. • Community member highlighted the law enforcement recommendations being discussed at Board meetings about the Behavioral Health Crisis Response Program, in contrast to the relative lack of mental health recommendations being included. • Community member asked for clarification about Crisis Now involvement in the Behavioral Health Crisis Response Program. Dr. Quist clarified that Crisis Now is involved in making recommendations regarding implementation, including technology and cost requirements. • Community member advocated for advisory boards which are entirely community based, that reflect the diversity of the community, and that don’t have law enforcement ties.
<p>VIII. Division of Behavioral Health Services: Director’s Report</p>	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services. He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> • BHS will be hosting an additional panel on the topic of Laura’s Law/Assisted Outpatient Treatment (AOT) on April 19th. • Further discussions on this topic will occur at MHSA Steering Committee meetings, and a report on community recommendations will be prepared for the Board of Supervisors. • Dr. Quist clarified that the Board of Supervisors are the ones who have the authority to vote to implement or opt out of AOT.
<p>IX. Public Comment</p>	<p>Public Comment 1: Community member advocated for peer involvement on advisory boards and that membership reflect the diversity of the community.</p> <p>Public Comment 2: Community member expressed appreciation for the community listening sessions, stated that they were helpful in facilitating community engagement, and advocated for further community engagement.</p>

Agenda Item	Discussion
	<p>Public Comment 3: Community member advocated for recommendations to be reflective of community feedback at the community listening sessions, and advocated for additional opportunities for community input.</p> <p>Public Comment 4: Community member highlighted the large number of community members who have died at the hands of law enforcement officers responding to mental health crises, and advocated for community involvement in the decision making process.</p> <p>Public Comment 5: Community member discussed her experience requesting a crisis team from law enforcement, as well as a family member's ineligibility for the mental health court program. This community member advocated for AOT as an available program.</p> <p>Public Comment 6: Community member advocated for a balanced perspective on both sides of the AOT issue on the upcoming panel.</p> <p>Public Comment 7: Community member discussed the stigma regarding seeking mental health services, and advocated for AOT as a treatment option.</p> <p>Public Comment 8: Community member shared that they felt disheartened at the lack of community feedback shared at a recent Board of Supervisors meeting, which instead highlighted the opinions of local police chiefs.</p> <p>Public Comment 9: Community member advocated for transparency in the program creation process.</p> <p>Public Comment 10: Community member discussed a positive experience with law enforcement in responding to an inebriated community member, in contrast to negative experiences with law enforcement in responding to the mental health crisis of a family member.</p>
X. Adjournment	Chair Sheley adjourned the meeting at 8:02 p.m.