

**Sacramento County  
Mental Health Board (MHB) General Meeting Minutes  
June 3, 2020**

**Meeting Location**

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

<b>Attendance</b>			
<b>MHB Members</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Ann Arneill, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Bryan Richter, <i>Vice-Chair</i>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Caroline Lucas	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Dan Niccum, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Mike Nguy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Viva Asmelash	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Bemis	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Theresa Riviera	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Mark Hoover	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Silvia Rodriguez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Supervisor Patrick Kennedy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Loran Sheley	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<b>County Staff to MHB</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Janice Snyder	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

<b>Agenda Item</b>	<b>Discussion</b>
<b>I. Welcome and Introductions</b>	Chair Ann Arneill called the meeting to order at 6:02 p.m. and introductions were made.
<b>II. Comfort Agreement</b>	Chair Arneill read the MHB Comfort Agreement.
<b>III. Approval of Agenda</b>	Ms. Laura Bemis moved to approve the agenda and Mr. Dan Niccum seconded the motion. Motion carried.
<b>IV. Approval of Minutes</b>	Chair Arneill moved to change the word "Children's" to "Adult" at the bottom of page 2, third line from the bottom.  Supervisor Patrick Kennedy moved to approve the amended minutes and Mr. Niccum seconded the motion. Motion carried.
<b>V. System Partner Updates</b>	<b>Advocacy Update</b> Ms. Katherine Ferry, Client Advocate Liaison, announced the following: <ul style="list-style-type: none"> <li>The Peer Empowerment Conference is taking place on June 19<sup>th</sup>, virtually via Zoom. Ms. Ferry posted a web link in the Zoom chat for participants to register for CalVoices announcements.</li> <li>Advocates expressed awareness and sympathy to the weight of current events and affirmed that combatting racial injustice is part of the work of mental health professionals.</li> </ul> Ms. Robin Barney, Client Advocate Liaison, announced the following:

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	<ul style="list-style-type: none"> <li>• Interpreters are available for the Peer Empowerment Conference if needed.</li> </ul> <p><b>Association of Behavioral Health Contractors</b> No announcements were made.</p> <p><b>Alcohol and Drug Advisory Board</b> No announcements were made.</p>
<p><b>VI. Mental Health Board Business</b></p>	<p><b>Mental Health Board Announcements</b></p> <ul style="list-style-type: none"> <li>• Chair Arneill announced that the next Adult System of Care Committee meeting will be on June 23<sup>rd</sup> from 4 p.m. to 6 p.m. and the Children’s System of Care Committee meeting will be on June 25<sup>th</sup> from 4 p.m. to 6 p.m.</li> <li>• Chair Arneill reminded the MHB that a Public Hearing for the MHSa Innovation Project Plan will be held on June 17<sup>th</sup> from 6 p.m. to 8 p.m.</li> </ul> <p><b>Liaison Reports</b> Liaisons provided written reports on the Quality Improvement Committee and Cultural Competence Committee.</p> <p><b>Standing Committee Updates</b></p> <ul style="list-style-type: none"> <li>• <b>Children’s System of Care Committee:</b> Ms. Silvia Rodriguez reported that the Children’s System of Care Committee met on May 28<sup>th</sup> and accomplished the following: <ul style="list-style-type: none"> <li>○ Discussed and integrated the Children’s System of Care Committee goals with Sacramento County Behavioral Health Services (BHS) goals using a strategic plan model.</li> <li>○ Prioritized school-based mental health services as a primary area of focus in 2020.</li> <li>○ The Committee’s action plan is to gather data from the County, coordinate input from community members, and provide recommendations to BHS.</li> </ul> </li> <li>• <b>Adult System of Care Committee:</b> Chair Arneill reported that the Adult System of Care Committee met on May 26<sup>th</sup> and accomplished the following: <ul style="list-style-type: none"> <li>○ Introduced and adopted the Outcomes Before Methods approach to goal setting.</li> <li>○ Discussed high-level planning for 2020 meetings.</li> <li>○ Prioritized homeless services and law enforcement as primary areas of focus for 2020.</li> <li>○ Discussed how to integrate process goals into the committee’s work.</li> <li>○ Discussed guest presentations for 2020.</li> </ul> </li> </ul>
<p><b>VII. Action Item: Approve 2020 Goal 7 related to Law Enforcement</b></p>	<p>Chair Arneill reviewed the 2020 law enforcement goal, as drafted by the Adult System of Care Committee: “Advise and collaborate with law enforcement first responder programs leading to better outcomes, particularly for at risk communities and marginalized individuals.”</p> <p>Ms. Rodriguez asked for clarification regarding who the MHB is advising and who they are collaborating with. Chair Arneill clarified that the MHB will advise and collaborate with law enforcement first responder</p>

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	<p>programs. This information will be included in the MHB Annual Report, which is submitted to the Board of Supervisors.</p> <p>Ms. Bemis asked if members of the LGBTQ community are included in at risk communities and marginalized individuals. Chair Arneill clarified that these community members are included.</p> <p>Mr. Niccum emphasized the importance of using quantitative data in providing the advise and collaboration included in the goal.</p> <p>Community member emphasized the importance of including consumers in the process. Chair Arneill affirmed the MHB's continued commitment to including consumers.</p> <p>Ms. Rodriguez moved to approve the 2020 law enforcement goal and Ms. Maria Padilla-Castro seconded the motion. Motion carried.</p>
<p><b>VIII. Action Item: Review and Approve Sacramento County Mental Health Board Annual Report Calendar Year 2019</b></p>	<p>Chair Arneill reviewed the edits to the 2019 Sacramento County Mental Health Board Annual Report, as provided by MHB members at the May General Meeting. The changes were reviewed on-screen and the amended report was included in the handouts.</p> <p>No public comments were made.</p> <p>Ms. Bemis moved to approve the amended 2019 Sacramento County Mental Health Board Annual Report and Ms. Caroline Lucas seconded the motion. Motion carried.</p>
<p><b>IX. Presentation – Effectiveness of Sacramento County Homeless Services for Persons Who Are Mentally Ill</b></p>	<p>Joe Smith, Advocacy Director of Loaves &amp; Fishes, and Bob Erlenbusch, Executive Director of the Sacramento Regional Coalition to End Homelessness provided a presentation on homeless services for persons who are mentally ill in Sacramento County.</p> <p>Chair Arneill indicated that the action on their recommendations would be added to the agenda for the July meeting.</p>
<p><b>X. Division of Behavioral Health Services</b></p>	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services. He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> <li>• Highlighted the COVID-19 pandemic and the mental health issues which continue to result.</li> <li>• Highlighted how challenges to economic indicators impact behavioral health budgets, including how COVID-related tax deferrals and the economic downturn will affect behavioral health funding.</li> <li>• CBHDA took leadership in terms of pulling together Counties to advocate that the California Legislature backfill \$3.3 million in realignment funding, so that behavioral health services can continue to be provided.</li> <li>• Meghan Marshall, Health Services Liaison to Homeless Services provided updates on Project Roomkey, including the following: <ul style="list-style-type: none"> <li>○ Project Roomkey provides linkages to medication services and Medi-Cal eligibility.</li> <li>○ Nurses are manning the referral line for Project Roomkey.</li> <li>○ Services are based on a ranking criteria for Project Roomkey participants. Rank 1 is for consumers who</li> </ul> </li> </ul>

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	<p>have tested positive for COVID-19, Rank 2 is for consumers who are under observation for potential COVID-19 infection, etc.</p> <ul style="list-style-type: none"> <li>○ Nurses are available for telehealth conferencing for providers who have health-related questions or concerns.</li> <li>○ COVID-19 tests have largely been negative, with the CalExpo site being utilized for testing purposes.</li> <li>○ Contact tracing is being utilized to track and minimize COVID-19 transmission.</li> <li>○ A hotline has been made available to Project Roomkey consumers who engage in substance use behaviors to promote client safety.</li> <li>○ A harm reduction model is in place for consumers who engage in substance use behaviors and sharps containers have been made available.</li> <li>○ Access assessments are available over the phone.</li> <li>○ The message that Project Roomkey is seeking to promote is that there are people in the community who genuinely care for consumers and want them to be well.</li> </ul> <ul style="list-style-type: none"> <li>● BHS has been recruiting more substance use treatment providers. Capacity for residential ADS providers has increased.</li> <li>● BHS has sponsored Safe Black Space healing circles for the African American community. These healing circles can hold 100 people or more and clinical services are available for community members of all ages.</li> </ul>
<b>XI. Public Comment</b>	<p>Public Comment 1: Community member thanked BHS for providing funding for the Safe Black Space community healing circles and clinical services for the African American community during this time.</p> <p>Public Comment 2: Community member provided an update on the healing and helpfulness of a Safe Black Space healing circle with over 70 people in attendance.</p> <p>Public Comment 3: Community member expressed support for the teaming approach used in the MHSA Innovation Project.</p> <p>Public Comment 4: Community member discussed challenges that her adult son experienced after being discharged from behavioral health services in another County. Supervisor Kennedy provided his phone number to assist the community member with addressing this issue. Dr. Quist offered to follow up directly with the community member as well.</p>
<b>XII. Adjournment</b>	Chair Arneill adjourned the meeting at 8:12 p.m.