

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes
March 4, 2020**

Meeting Location
700 H Street
Sacramento, CA 95814

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Ann Arneill, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Supervisor Patrick Kennedy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Bryan Richter, <i>Vice-Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Caroline Lucas	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Dan Niccum, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Mike Nguy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Viva Asmelash	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Bemis	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Silvia Rodriguez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Mark Hoover	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Loran Sheley	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Janice Snyder	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	Chair Ann Arneill called the meeting to order at 6:01 p.m. and introductions were made. Chair Arneill introduced new MHB member, Mr. Mark Hoover.
II. Comfort Agreement	Ms. Loran Sheley read the MHB Comfort Agreement.
III. Approval of Agenda	Mr. Mike Nguy moved to approve the agenda and Mr. Hoover seconded the motion. Motion carried.
IV. Approval of Minutes	Mr. Dan Niccum moved to approve the February minutes and Mr. Hoover seconded the motion. Motion carried.
V. System Partner Updates	<p>Advocacy Update Ms. Katherine Ferry, Client Advocate Liaison, announced the following:</p> <ul style="list-style-type: none"> The 24th annual Peer Empowerment Conference will be held on June 19, 2020 at the Harper Alumni Center. Save the date! More information to come. <p>Alcohol and Drug Advisory Board No updates.</p> <p>Association of Behavioral Health Contractors No updates.</p>
VI. Mental Health Board Business	<p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> Chair Arneill thanked Ms. Viva Asmelash and Ms. Silvia Rodriguez for helping facilitate the BHS Community

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	<p>Conversations meeting last week, where stakeholders and community members provided feedback and goals for mental health and alcohol and drug services programs.</p> <ul style="list-style-type: none"> • Chair Arneill announced that applications for the Time-Limited PEI Community-Driven Grant will be accepted until March 13, 2020. • Chair Arneill reminded members about the Form 700 financial disclosure requirement in order to be on the MHB. • Chair Arneill Announced that the Adult System of Care standing committee will be meeting on the 4th Tuesday of each month. This committee will begin meeting in April. • Ms. Rodriguez expressed concerns related to the Time-Limited PEI Community-Driven Grant being administered by CalMHSA. She stated that CalMHSA was founded as a state-wide organization rather than as an administrator of county-specific grants, and that the grant money should stay within the County. <ul style="list-style-type: none"> ○ Dr. Ryan Quist, Behavioral Health Director, clarified that CalMHSA is a joint powers authority, which is meant to assist individual counties with working together to benefit all counties with mental health services throughout the state. ○ Director Quist provided examples of previous CalMHSA work benefitting counties individually and collectively, such as presumptive transfer, which ensures continued mental health services when a foster child is moved from one county to another. ○ Director Quist clarified that CalMHSA administration of county-specific grants has occurred previously. Local administration of the Time-Limited PEI Community-Driven Grant would require the hiring of staff, which would not be possible due to the time-limited nature of this project due. <p>Liaison Reports Liaisons reported on the Quality Improvement Committee, Human Services Coordinating Council, First 5 Sacramento Advisory Commission, and Sacramento County Maternal Health Collaborative.</p> <p>Create and Appoint Members to the Report Review Standing Committee</p> <p>The MHB approved the creation of a standing committee to review drafts of reports before they come to the full MHB. This committee existed previously as an ad hoc committee, but will become a standing committee due to its ongoing nature. Chair Arneill appointed Ms. Sheley to fill an existing vacancy on this committee.</p> <p>Update on Presentations for 2020</p> <p>Chair Arneill provided updates to the MHB presentation schedule for 2020. The MHB approved moving the presentation on homelessness to September.</p> <p>Director Quist provided clarification that jail services in Sacramento County are operated outside the purvue of Behavioral Health Services (BHS). He suggested that justice-oriented mental health services provided by BHS, such as the collaborative courts, would be an appropriate justice-oriented topic for presentations. A member of the</p>

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	<p>public emphasized the importance of the MHB exploring trauma and mental health issues related to the jail, due to the extent to which they continue to occur. MHB members discussed the scope of their duties. Janice Snyder, Supervising Deputy County Counsel, advised the Board that the MHB’s duties include review and evaluation of the community’s public mental health needs and services in any facility within the county; its duties are not restricted to just those services provided by BHS. Director Quist will follow up on jail-related visit possibilities.</p> <p>Results of Site Visit Survey</p> <p>Mr. Niccum outlined the results of the MHB site visit survey, which will serve as a starting point for discussion of provider sites for the MHB to visit in 2020. Chair Arneill clarified that a standard waiver must be signed by MHB members who decide to visit the jail. MHB site visits are planned starting in April.</p>
VII. Presentation – Cultural Competence Plan	<p>Mary Nakamura, Cultural Competence & Ethnic Services Program Manager, provided a presentation on the current BHS Cultural Competence Plan.</p>
VIII. Division of Behavioral Health Services	<p>Dr. Ryan Quist, Behavioral Health Director, discussed the written report on the status of BHS. In addition to topics in the report, Director Quist also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> • Requests for Proposals (RFPs) for Augmented Board and Care and Adult Residential Treatment programs are coming up. • Efforts continue to address concerns about the RFP process, as expressed by the African American community. • Sacramento County was awarded \$2.6 million to develop and implement new Whole Person Care initiatives and is asking for community feedback. A proposed area of focus would be to help support gaps in care for the forensic population.
IX. Public Comment	<p>Public Comment 1: Community member proposed a joint meeting between the MHB and the Alcohol and Drug Advisory Board to discuss issues related to co-occurring disorders.</p> <p>Public Comment 2: Community member asked Ms. Nakamura how the county ensures adherence to cultural competence standards. Ms. Nakamura explained how the cultural competence committee has looked at diversity data at Full Service Partnership (FSP) providers to collect data. Dr. Quist highlighted the ongoing importance of community input for this purpose, as well as providers that specialize in targeting specific cultural communities.</p> <p>Public Comment 3: Community member distributed copies of a letter written by members of the African American Community. She summarized the letter’s concerns about technical requirements and transparency with the RFP process. A copy of the letter is on file with BHS, and a hardcopy may be requested by contacting Jason Richards at RichardsJa@saccounty.net or (916) 875-6482.</p> <p>Public Comment 4: Community member summarized and acknowledged the tragedy that happened at Wellness and Recovery Center the previous week and acknowledged BHS efforts to formulate</p>

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	a response. Dr. Quist provided further information about the incident, as well as BHS and provider responses.
X. Adjournment	Chair Arneill adjourned the meeting at 8:01 p.m.