

Sacramento County Mental Health Board Executive Committee Meeting

MINUTES – TELECONFERENCE MEETING

Tuesday, January 18, 2022

12:00 PM – 1:00 PM

Members Present: Loran Sheley, Corinne McIntosh-Sako, Laura Bemis and William Cho, (staff: Glenda Basina)

Members Absent:

I. **Welcome and Introductions**, Chair Sheley

- Chair Sheley convened the meeting at 12:01pm and introductions were made.
- Chair Sheley reminded that there currently is a vacancy in the Executive Committee and will be doing an appointment and election, for another At Large member, at the February general meeting.

II. **Discussion/action item – Review and Approve February 2022 Mental Health Board General Meeting Agenda**, Chair Sheley

- Dr. McIntosh-Sako motioned to approve and Member Bemis seconded. The motion carried.

III. **Discussion/action item – Review Status of 2021 Executive Committee Goals and Formulate 2022 Priorities and Goals for Presentation at Mental Health Board Retreat on January 22, 2022**, Executive Committee Members

- Recommend annual training for the Mental Health Board (MHB). This would be useful for new members as well as members of the board. Dr. McIntosh-Sako agreed this to be a good idea with trainings on effectiveness of boards, Brown Act training, implicit bias training and maybe something on cultural competency.
- Ask Ann about speaking but a full training would be beneficial.

IV. **Discussion item – Gathering feedback from Mental Health Board Members on Presentations of interest for 2022**, Executive Committee Members

- Have Ryan/Melissa BH speak about structure and available programs and services for early in the year.
- Survey group on what types of presentations they're interested in which the committee can then prioritize once collected. Target surveying the group after retreat or early February, before the next Executive meeting.
- Member Bemis suggested a good example would be LGBTQ community on use of pronouns and why it's being done now.
- Also, include presentations from ASOC and CSOC.
- Member Bemis suggested to include in the survey ASOC/CSOC goals for commonality/relevance to goals of the board.
- Public Comment 1: Suggests to include presentation from BHREC and WWCRP to stay on top of these programs as well as the redesign.

V. **Public Comment**, Members of the Public

- Public Comment 1: Committee is doing a wonderful job and like where they're going with the presentations as well as doing the survey to prop the people to get their minds going on what they would like to see and hear. Also like that they're staying on top of BHREC and WWCRP.

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IV. **Adjournment**, Chair Sheley

- Chair Sheley concluded the meeting at 12:25pm and reminded everyone of the annual retreat on Saturday, 10am-5pm.