

# Sacramento County Mental Health Board Executive Committee Meeting

Members Present: Loran Sheley, Ann Arneill, Laura Bemis, Maria Padilla-Castro, Theresa Riviera, and Silvia Rodriguez (Jason Richards, staff)

Members Absent: None

Agenda Item	Presenter	Time
<p><b>I. Welcome and Introductions</b></p> <p>MHB Chair Loran Sheley called the meeting to order at 12:04 pm and introductions were made.</p>	Loran Sheley	12:00-12:05 pm
<ul style="list-style-type: none"> <li>• <b>Discussion/Action Item – Discuss need for Mental Health Board to nominate a behavioral health services provider who serves Medi-Cal beneficiaries in the county to the <a href="#">Sacramento County Health Authority</a> and next steps</b></li> </ul> <p>Ms. Ann Arneill reviewed the ordinance requirement for the MHB to nominate a behavioral health provider who services Medi-Cal beneficiaries in the County to the Sacramento County Health Authority.</p> <p>Ms. Arneill reported that Behavioral Health Director, Dr. Ryan Quist, consulted County Counsel on this issue. County Counsel informed Dr. Quist that the applicable bylaws were developed by the Health Authority after Dr. Quist was appointed as a member by the Board of Supervisors. Dr. Quist represents Sacramento County BHS, which does provide direct services. Thus, Dr. Quist currently fulfills the required role and the Health Authority is in compliance with the ordinance. The MHB responsibility to appoint a new provider member will happen again after the completion of Dr. Quist’s term on the Health Authority, in two years.</p> <p>Ms. Silvia Rodriguez asked for the governing authority for this requirement. Ms. Arneill clarified that the requirement comes from the County ordinance which governs the Health Authority.</p>	Ann Arneill or Loran Sheley	12:05-12:20 pm

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<p>Ms. Laura Bemis asked what the qualifications are for this position. Ms. Arneill listed the qualifications in the ordinance and suggested that a copy of the ordinance be reviewed. Ms. Arneill clarified that the MHB is only in charge of nominating one member of the Health Authority, specifically a behavioral health provider.</p> <p>Ms. Arneill moved that the Executive Committee write a letter to the Health Authority Commission inquiring:</p> <ul style="list-style-type: none"> <li>• Whether they communicated to the Board of Supervisors about their bylaws once they adopted them,</li> <li>• What the thinking was behind the bylaw provision giving the MHB appointment authority, and</li> <li>• Why the Health Authority did not communicate to the MHB that they had the authority/responsibility to make this appointment. <ul style="list-style-type: none"> <li>○ Ms. Bemis seconded the motion.</li> <li>○ No public comments were made.</li> <li>○ All present members voted yes.</li> </ul> </li> </ul> <p style="padding-left: 40px;">Motion carried.</p> <p>Ms. Arneill moved that the Executive Committee write a letter to County Counsel to see if the appointment of Dr. Quist meets the requirements of provision 2.136.030(b)(6) of the Health Authority Ordinance. Ms. Rodriguez seconded the motion.</p> <ul style="list-style-type: none"> <li>• Public Comment: Community member expressed appreciation for the MHB's efforts on this compliance topic.</li> <li>• All present members voted yes. Motion carried.</li> </ul>		
<p><b>II. Discussion Item – Plan agenda for Mental Health Board retreat to be held July 2021</b></p> <p>Based on poll results of MHB members, the July 2021 MHB Retreat will be held on Saturday, July 17<sup>th</sup> from 10 am – 5 pm, with an hour lunch.</p>	<p>MHB Executive Committee Members</p>	<p>12:20-12:50 pm</p>

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<p>Ms. Rodriguez advocated for a strong foundation of knowledge regarding the County's behavioral health system being provided to MHB members.</p> <p>Ms. Arneill discussed information on the County's behavioral health system being provided to MHB members in the performance report, as well as presentations by BHS managers. Ms. Arneill advocated for updated presentations by BHS managers moving forward and Ms. Rodriguez expressed her support for more presentations. Ms. Arneill will create a summary page for MHB members.</p> <p>Ms. Arneill and Ms. Rodriguez expressed support for distribution of the Children's and Adults system of care infographics to MHB members. Dr. Jason Richards to include these documents as handouts for the retreat.</p> <p>Chair Sheley suggested that a presentation be given on the MHSA planning process. Ms. Arneill suggested that the Cal Voices access program be asked to give a presentation on this topic.</p> <p>Chair Sheley suggested including an icebreaker/team building activity at the retreat.</p> <p>Chair Sheley asked if the MHB mission statement should be reviewed at the retreat. Ms. Arneill suggested that this would take a lot of time, and proposed an ad hoc committee for this purpose later in the year.</p> <p>Chair Sheley recommended including the following topics: making MHB recommendations more effective, tracking implementation of recommendations, encouraging members to meet with Supervisors to advocate for recommendations, and incorporation of an equity lens in MHB activities.</p>		

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<p>Chair Sheley discussed outreach efforts, including social media presence. Currently, the County process for posting through official social media channels is handled by the Public Information Officers in a separate department, apart from BHS. Ms. Rodriguez advocated for modernizing outreach efforts to include social media. Chair Sheley advocated for MHB members to continue to use their personal social media accounts for outreach.</p> <p>Chair Sheley discussed the topic of clarifying committee requirements and representation for all MHB members.</p> <p>Ms. Rodriguez advocated for discussion of AOT/Laura’s Law at the retreat.</p> <p>Chair Sheley discussed the current MHB liaison vacancies. Ms. Arneill suggested appointing liaisons at a general meeting, due to time constraints.</p> <p>Ms. Riviera advocated for an item to be added for committee member accountability, and for the appointment of an MHB liaison to the Cultural Competence Committee.</p> <p>Ms. Bemis advocated for the inclusion of Psychiatric Advanced Directives and Peer Support Specialists as topics at the retreat.</p> <p>Chair Sheley clarified that MHB members could attend via phone and that they could attend for part of the time if unable to attend for the whole day.</p>		
<p><b>III. Public Comment</b></p> <p>No public comments were made.</p>	<p>Members of the Public</p>	<p>12:50-1:00 pm</p>
<p><b>IV. Adjournment</b></p> <p>Chair Sheley adjourned the meeting at 1:12 pm.</p>	<p>Loran Sheley</p>	<p>1:00 pm</p>