

**Sacramento County
Children's System of Care Committee**

**MINUTES
Tuesday, January 4, 2022, 4:00PM**

Members Present: Silvia Rodriguez, Ann Arneill, Maria Padilla-Castro, Jasmine Morales
(staff: Glenda Basina)

Members Absent: Theresa Riviera

AGENDA ITEM
<p>Welcome, Introductions and Purpose, Silvia L. Rodriguez, Chair</p> <ul style="list-style-type: none">• Introductions were made and Chair Rodriguez convened the meeting at 4:05pm• Chair Rodriguez stated this meeting is to provide a recap of the report, an overview of the input/feedback (received in writing and from public comments at the last meeting), and to open the floor for a motion to submit the CSOC report to the General MHB on February 2nd.
<p>Quick Re-cap of Report, Silvia L. Rodriguez</p> <ul style="list-style-type: none">• The report and recommendations were pretty much already in alignment with the public comments received at the last meeting.• A response to the comments submitted in writing have been/will be made.
<p>Overview of Public Comment, Silvia L. Rodriguez and Ann Arneill</p> <ul style="list-style-type: none">• Recommendation for SCOE and BHS to add mental health clinicians to schools as well as elementary schools. (CSOC is unable to add elementary due to lack of data though SCOE may accelerate this expansion).• Recommendation for County to have youth members (12-14 years old versus 15-18). CSOC has had no experience with ages 12-14 and will not recommend expansion to this age group at this time.• Funds for contracting with organizations such as Pro Youth will be needed and added to recommendations to provide youth with mentorship and training.• Recommendation for youth to work with MHB/committees and for County to host summer programs for youths to learn about MH programs and services. CSOC added that MHB, BHYAB, BHS and SCOE collaborate and plan a 1-2 day summer youth BH conference designed by youth supported by adult allies and funded by BHS and SCOE.• Increase WET program funding to address workforce issues and BHS to work with continued funding for this program.• Local education MediCal billing option funds used for BH internship programs but this medical care option cannot be used for this funding and will be deleted from recommendation. Interns are not identified as providers.• Add ethnic to the report for cultural and linguistic diversity.• Expand hiring college students serving as near peers to educate students about mental health and wellness.• Continued support for EDAPT will be added but funding for early psychosis programs will not be included.• Invest in Telahealth, access to care. BH community based agencies have been providing services through Telahealth throughout the pandemic and already made investments in this treatment technology. The report recommends the

Sacramento County Children's System of Care Committee

identification of best practices and this assessment should be completed to determine whether expansion of Telahealth is warranted.

- For the question on the cut-off age to 15-18, CSOC have experienced working with this age group and found them to be very capable of performing for the committee's advocacy/needs. Also the committee's bylaws already include the range 15-18 as a provision. Whereas with the 12-14 age, they have had no experience working with this age group yet and therefore unable to recommend. Both Members Padilla-Castro and Morales agree to keep the 12-14 age group in mind.
- Member Padilla-Castillo commended Members Rodriguez and Arneill on the comprehensive report. Inquired on summation for the report. Member Arneill stated an executive summary will be prepared and included in the submission.
- Public Comment 1: Requested to be specific in the report that it is the LEA MediCal Billing option that does not support internships.
- Public Comment 2: Suggests for a youth-friendly read alongside the report summary.
- Member Arneill motioned to approve the report improving school-based mental health services in Sacramento County with the changes discussed. Seconded by Member Padilla-Castillo. Motion carried.
- Member Arneill motioned for the committee to develop a brief youth/parent friendly version of the report. Seconded by Member Padilla-Castillo. Motion carried.

Next Action Items regarding the report, Silvia L. Rodriguez and Ann Arneill

- Draft transmittal letter to the Board of Supervisors highlighting key findings and overview of recommendations
- Draft transmittal letter to BH highlighting key findings and summarizing recommendations directed to them
- Draft transmittal letter to SCOE highlighting key findings and summarizing recommendations directed to them
- Draft transmittal letter to MHSA Steering Committee highlighting key findings and summarizing recommendations requesting for MHSA WET and PEI funds. Also request to make a presentation at their meeting.
- CSOC to develop an action plan to include youths/parents at the meetings.
- CSOC to create action MHB bylaws to permit age 15-18, appointed to the board.
- Youths to have trainings and attend meetings.
- Create plan for MHB, YAB, BHS and SCOE to collaborate, design and implement a 1-2 day summer youth conference, designed by youth with support from adult allies and funding from BHS and SCOE.
- Member Morales asked clarification on the voting rights of 15-18 age group. Chair Rodriguez explained that the plan to amend the bylaws is to give this age group voting privileges.
- Member Padilla-Castillo inquired about adding drafting the Youth/parent friendly report. Member Arneill added it to the action items list.
- Member Arneill motioned to draft transmittal letters 1 through 4 immediately after MHB approves the report. Member Morales seconded the motion. Motion carried.

Sacramento County Children's System of Care Committee

- **Public Comment and Input**

- No comment from the public.

- **Final Comments, Silvia L. Rodriguez**

- Chair Rodriguez to have conversations regarding referral process of tier models specifically Tier 3 students that fall in the county BH system (areas of disconnect); 1) Parents unaware of referral. 2) Parents doesn't follow through on school referral. 3) Access team referral, parent/student failure for follow through. CSOC proposing to have this referral system as phase 2 of the report to expand/support the systems care director in fixing these disconnects.
 - Member Arneill shared an approach/list she put together that can be used by the committee for this goal.
 - This topic will be presented at the MHB Retreat as a priority for CSOC.

- **Public Comments**

- Public Comment 1: Thanks the work/commitment of the committee.
 - Public Comment 2: Looking forward to a simplified report and commends the committee for the work done.
 - Member Arneill thanked YAB for their special attention to the report and for their presentation to the MHB on February 2.

- **Adjournment**

- Chair Rodriguez adjourned the meeting at 5:14pm.