

Minutes
Children's System of Care Committee
January 28, 2021 4:00 p.m. – 6:00 p.m.

Members Present: Ann Arneill, Silvia Rodriguez (Jason Richards, staff)

Members Absent: Theresa Riviera, Silvia Rodriguez

4:00 p.m. Welcome and Introduction
Sylvia Rodriguez, Chairperson

- *Previous MHB Chair Ann Arneill convened the meeting at 4:07 p.m. and introductions were made.*

4:05 p.m. Purpose of Meeting
Sylvia Rodriguez

- *Previous MHB Chair Ann Arneill reviewed the purpose of the meeting, in relation to the present agenda.*

4:10 p.m. Recommendations from Ad Hoc Mental Health Collaborative
Lisa Murawski, Trustee Sacramento City Unified School District (SCUSD)
Donielle Prince, Area Congregations Together Leader
and Aces Connection
Barbra Kronick, Retired Director of Student Services SCUSD, Former
President of School-based Health Alliance
Hellan Roth Dowden, Director, Teachers For Healthy Kids
Victoria Flores, Director of Student Services SCUSD
Bina Lefkovitz, Trustee, Sacramento County Office of Education
Isa Sheik, SCUSD Student Board Member
Areanna Deloney, Sacramento State Student

- *Recommendations to the Children's System of Care Committee were made from the Ad Hoc Mental Health Collaborative, as detailed in the PowerPoint presentation handout. In addition, several youth provided testimonies related to the importance of school-based mental health services.*
- *Themes included increasing collaboration across systems, maximizing reimbursement for school-based mental health services, ensuring every child has access to evidence based prevention and early intervention services, and increasing engagement with youth in planning and decision making.*
- *Chair Silvia Rodriguez asked about goals, including lessons would learned from previous and current collaboratives. Members present, including Superintendent Gordon, discussed recommendations from the previous project and lessons learned.*

- *Chair Silvia Rodriguez highlighted the importance of also providing for the mental health needs of children who are not in school. Presenters discussed the importance of this issue, and specified that this presentation was for highlighting school-based mental health services.*
- *Chair Silvia Rodriguez highlighted the importance of using data to inform decision making and the presenters agreed.*
- *Chair Silvia Rodriguez discussed her support for a parent and youth forum, which will be discussed at the March MHB meeting.*

5:50 p.m. Public Comment

- *Community member discussed a positive experience she and her daughter had with the support they received from school-based mental health services.*
- *Community member discussed the importance of support mental health for school-aged children in preventing later difficulties.*
- *Community member expressed appreciation for the presentation, especially the testimonies of youth.*

6:00 p.m. Adjourn

- *Chair Rodriguez adjourned the meeting at 6:11 p.m.*