

Sacramento County Mental Health Board Adult System of Care Committee

MINUTES– TELECONFERENCE MEETING Tuesday, June 28, 2022 4:00PM – 6:00PM

Attendees: Corinne McIntosh-Sako, Laura Bemis, William Cho, Loran Sheley and Ann Arneill (staff, Glenda Basina)

Absentees: None

AGENDA

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| I. | Welcome and Introductions, Corrine McIntosh Sako, Chair <ul style="list-style-type: none">Chair Sako convened the meeting at 4:01pm and introductions were made. |
| II. | Conduct Agreement, Laura Bemis, Vice Chair <ul style="list-style-type: none">Conduct Agreement was read by Vice-Chair BemisChair made an announcement in follow up to the recommendations for an independent advisory board for AOT. This was not approved by the Mental Health Board to go before BOS due to already too many committees and will fall in the ASOC committee's purview. |
| III. | Presentation from Psynergy Programs, Inc. on their adult residential treatment facilities in Sacramento County, Lynda Kaufmann Rodriguez, Psynergy Director of Government & Public Affairs <ul style="list-style-type: none">Lynda provided a profile on their organization; an adult residential facility (ARF), boarding care serving more medically complex clients; level 1 or 2 that distinguishes cost per day charged to the county. Does not exclude people with legal issues.Began in 2004 with its first facility opening in 2005 in Morgan Hill. Through the years have added levels and specialty Mental Health Outpatient clinics next door, certified by MediCal in various counties. Their clients receive more direct mental health services than in a secured settings. Average stay of 12-18 months, with no minimum nor maximum limit stays.Chair Sako asked where they are discharge to after. Per Lynda to a smaller boarding care or supported housing program, room and boards. Also asked if Psynergy plan to expand and Lynda shared their plans that went to the CPAC in March 2021, which received positive feedback but project was voted down by the CPAC for concern due to too many people with mental health illness.Shared pdfs will be emailed to Chair Sako. |
| IV. | Presentation from WellSpace Health on their implementation of '988' mental health crisis line, Jonathan Porteus, Ph.D., CEO of WellSpace Health along with staff, Christie Gonzales, Chief Programs Officer, Dr. Liseanne Wick, Dir of Suicide Prevention and Ben Avey, Chief PIO |

- Jonathan provided background on himself, introduced his staff and shared PowerPoint slides.
- Announced 988 going live on 7/16; A BH and suicide prevention line, non-profit, federally qualified health center.
- In 2021 served 125k with 1400 visits a day; Low Income 100%, Uninsured 15%, unsheltered 5%.
- Holds various accreditations and awards.
- Clinical Model: Focused on recovery and strong integration; mental health, substance use and specialty health.
- 988 Sacramento; 24/7 talk/text/chat, serves all people in need with 75k calls a year, in 58 counties, 91% answer rate and 34 second average speed of answer.
- How WellSpace fits in the community. Person calls 988, lethality assessments to Crisis counselor and follow-up program (all 24/7) onto Behavioral Health Care Continuum and Recovery.
- Their Standards; regionally run, capabilities for telephonic, text and chat. Meet national suicide prevention lifeline standards. Have a crisis mobile team response.
- Transition from 8002738255 to 988 effective 7/16. Receive suicide/MH calls, text and chat from national suicide prevention lifeline. Transition from suicide to suicide/MH crisis. All local calls transitioned from 7-10 digits.
- Components of WellSpace; 24/7/365 crisis call hub suicide/MH, Dispatch/Community-based Crisis services, Crisis receiving for BH (CRBH)
- Co-occurring Disorders Programs/Services; Prevention, Outpatient, Residential, Medically Manages Withdrawal Management (detox), Crisis Response (sobering)
- Asks for the committee to continue supporting them.
- Chair Sako asked about the effect of the transition to WellSpace. Per John, expects tripling in calls. Chair asked how 988/WellSpace will collaborate/coordinate with Sac County's efforts on BH Crisis Response. Per John, 988 receives and dispatches to the county for the help needed.
- Public comment 1: Hears Sac County working hard to hire viable people for the positions and WellSpace just hired 25. Sac County will have difficulty providing the service. How is the parity going to happen for the people to work together? Per John, their funding is much lower than County. Need to interface their service with the County; Access line, Community Support Team, MH Urgent Care, Mobile Crisis Support Team. Dr. Wick added they have volunteers and non-licensed with lived experience.
- Public comment 2; Challenged in hiring due to Covid but County is doing the best with keeping the timeline for the mobile crisis response.

- Public Comments Relating to Matters Not On The Posted Agenda, Members of the Public
- Public comment 1: Big thanks for these meetings, they are informative.

Huge difference with the volunteer work she does. Asks to find ways to get information before being a bed or after acute bed for care for the families. HIPAA has allowance if with permission leads to a more healing care.

- Public comment 2: Loves analogy of airplane, made it clear, well defined. Knows everyone is having difficulty getting employees. People don't want to work and doesn't know what the answer will be. Need to look at benefits being offered. Has lots of programs; Vax, wellness centers in various areas which will be good for resource information. Hopes to build these positions so when people come, services will be seamless. Will request for WellSpace to speak at community pool.
- Comment in chat by Member Cho: Was not read out loud and called by the Chair Sako as out of order and will discuss with Member Cho offline. Chair Sako requested Glenda for this comment in the chat to be documented:
In chat: Corrine, your comment, "murdered by law enforcement", is astoundingly and inherently ignorant, inaccurate and inflammatory. You make that claim without any knowledge of the incident or applicable laws, policies and procedures. It is incredibly offensive. I would never presume to know and am neither qualified to second guess your expertise and profession. Your statement glaringly displays your contempt and bias for a profession and circumstances of which you know nothing about. It is extremely distasteful and unprofessional.

V. Adjournment, Corrine McIntosh Sako, Chair

- Chair Sako adjourned the meeting at 6:04pm and announced the next meeting on July 26 at 4pm.