Sacramento County Children's System of Care Committee

MINUTES - IN PERSON MEETING, HYBRID PARTICIPATION OPTION February, 27, 2024, 2:30PM-4:00PM

Attendees: Corrine McIntosh- Sako, Rhapsody Flores

Absent: Teresa Riviera, Kesha Harris

Presenters: Sheri Green, Brenda Cioli, Rosie Rosas

Guests: Bina Lefkovitz

Agenda Item

I. Welcome and Introductions Conduct Agreement Acknowledgement

• Chair Sako convened the meeting at 2:37pm, introductions were made, and the Conduct Agreement was not read, just acknowledged that it exists for this meeting.

II. Public Comments Relating to the Sacramento County Behavioral Health Services Children's System of Care- Items Not on Agenda None

III. Presentation from La Familia Counseling Center, Brenda Cioli & Rosie Rosas

- Brenda shared her PowerPoint slides onscreen and spoke on the various programs of La Familia Counseling Center which serves all individuals, and families in the community.
 Programs include suicide prevention, support groups, Mental Health First Aid training, Older adult groups to teach basic computer and smart phone skills, Birth & Beyond, summer camp, summer lunch, youth leadership, job skills, paid work experience, food distribution, storm assistance for immigrants, Know Your Rights, Kaiser Medical Van, two on-site schools for youth. LFCC has multiple partnerships with Girl Scouts, WEAVE, local restaurants, 916 Ink, Always Knocking, etc.
- Any of these programs can be access by contacting the LFCC staff at 916-452-3601 <u>La Familia Counseling Center | Career Center, Counseling and Support Education and Employment for Youth (lafcc.org)</u>

IV. Presentation from BHS Children's System of Care "Update on Behavioral Health Services for Foster Youth with Complex Behavioral Needs- Sheri Green

- Sheri shared her PowerPoint slides onscreen and spoke on the growth of various programs that serve foster youth.
- BHS has increased the Therapeutic Behavioral Services (TBS) by 20 slots. BHS created open enrollment for Intensive Services Foster Care (ISFC) to increase FFA/RFA homes capacity to take youth that have intensive needs. Minimum qualifications are being written for the Youth Intensive Placement Pool (YIPP) so that FFAs can enroll and become Wraparound, TBS & FIT providers for the youth they serve in their agency. A 16th FIT site has been added to accommodate more youth. These services are through HeartLand Child & Family Services, and they will be co-located in areas where there are limited or no behavioral health services.
- Additionally, CPS has been able to purchase a Wellness van, which will provide services to youth and families in identified neighborhoods of Sacramento County. CPS is also working on adding capacity to their placement options for youth.

Sacramento County Children's System of Care Committee

- Sheri thanked the Board for their advocacy.
- V. Public Comment (3 minutes per person)
 - None
- VI. Adjournment
 - Chair McIntosh-Sako adjourned the meeting at 4:03pm.