

Sacramento County Mental Health Board
Executive Committee Meeting
MINUTES – IN PERSON MEETING
HYBRID PARTICIPATION OPTION
Monday October 16, 2023
6:00 PM – 7:00 PM

Members Present: Corrine Sako, Paul Wagstaffe, William Cho, Patricia Wentzel and County Counsel, Christopher Costa (Staff: Glenda Basina)
Members Absent: None

Agenda Item

I. Welcome and Introductions

- **Introductions:**
 - **Committee Members**
 - **System Partners**
 - **Other Attendees**
- [**Acknowledgement of Conduct Agreement**](#)
- **Announcements by MHB Executive Committee Members**

Chair Sako commenced the meeting at 6:00pm, introductions were made and Conduct Agreement acknowledged.

Member Wentzel shared that NAMI Sacramento's in person meeting is on the first Tuesday of the month.

II. Discussion Item: Direction Received from County Counsel assigned to MHB Regarding MHB Executive Committee's Functions

a. Questions from Committee Members

County Counsel spoke about the bylaws, Article 8, about committees, executive committee function, agenda and retreat. Can carry out function delegated by board; function for urgent, approve certain actions and ratified at general board meeting or special meeting.

Chair Sako on subjects of mission/values statements, file storage, mhb email addresses, member photos on website asked if full MHB need approval before investigating. Per Chris, actual action can be deferred to MHB. Member Wagstaffe followed up on the issue that Member Cho started (email process file/records maintenance) and discussed with Directors Lutz and Quist. Asked Chris if any knowledge or decision made as there were options on the table and wants to make sure it doesn't get left there. Per Chris, follow up with Behavioral Health and discuss with this group then to full board for action.

III. Discussion/Action Item: Review & Approve Agenda for 11/01/23 MHB General Meeting

Chair Sako went over the draft agenda: Changed time to 6pm for Wed 11/1. Under system partner update, status removed due to change in contract. Need date. Under MHB business/action item, email accounts as a discussion item for full board to approve on option 1 and 2. Once decision made, to go back to DTech regarding file share option. Member Wagstaffe on Item 6a, asked if someone from County could talk about options. Chair Sako to ask Jason if a person from Dtech can talk on the options. November is the last MHB meeting of the year, good time to wrap up items. Proposes idea of photos to full board. Member Wagstaffe asks if voluntary. Per Chair Sako yes; no photo, just name and bio. Under committee work/report a discussion on committee report to use meeting minutes instead, containing vote counts. To add hyperlink to

minutes onto the agenda. Liaison reports to continue. A lot of these meetings don't have Brown Act nor staff to do the minutes. Chair Sako also asked if committee would like an update/progress from Ryan on goals. Election of officers to calendar 2024. Nominations asked, and nominees to accept, and members to vote for chair, vice, secretary. The CWRT presentation. Chair concerned with all MHB may not have time for presentation and seeks committee input. Member Wagstaffe inquired about proposed language bylaws to be in February, if CWRT takes action on it. Member Wentzel commented that it depends on how long to select new officers if there'll be time for presentation. Member Wentzel asked if questions can be asked of the nominees. Chair Sako thought it good to have info and requirements of position. Chair Sako on last item, received feedback from public about having to wait 2 hours to make public comment. Member Wagstaffe would like as much time for public to comment and better at beginning. Can still submit written. Member Wentzel offering 20 minutes plus comment time narrows the time for business. Agrees with having comments at beginning. Per Chris, government code to have public comment on each item and opportunity within jurisdiction of board for typically action items. Chair Sako thinks may have time if public comments at the end. Update from CWRT program manager on data/operation or anything relevant to the board. Member Wentzel is more interested in contact from outreach engagement team/full-service partnership, AOT. Chair Sako thinks this needs more time for AOT presentation. Member Wagstaffe suggests to talk about retreat for the additional 10 minutes. Chair Sako moved to approve draft agenda as discussed, seconded by Member Wagstaffe. Motion passed unanimously.

IV. Discussion Item: MHB 2024 Annual Retreat Planning

Chair Sako to identify a date in January. Open to public at EPW, 9am-2pm, lunch provided. Dates are the 6th, 13th and 20th. Member Wagstaffe mentioned a holiday on the 13th. Chair Sako to offer the 6th and 20th. Chair Sako on what retreat will be; new member orientation on various programs, liaison assignments, goals, identify site visits, MHB mission/values, presentation by board member, funds for unhoused, justice involved, LGBTQ and homeless response. Asked for committee feedback. Member Wagstaffe asked about changes to MHSA and wonders if it's the right time or if it should be after election. Chair Sako thinks this would be a special meeting. Chair Sako brings back mission/values that was stalled and never brought back. Member Wagstaffe stated the retreat is a good time with everybody there. Member Wentzel asked if there's a mission/values and Chair Sako responded yes, working from scratch would take a lot of time. Two presentations; California Behavioral Health Commission regarding BH modernization and another a joined presentation from BHS. A meeting next month with draft agenda for retreat and action. Member Wentzel brought up Care Court required to be in operation 12/24. Knowing where County is in planning implementation of Care Court should be on top. Several counties already started implementing. Need to ask for update timeline on how to proceed forward with Care Court. Per Chair Sako, it could be a goal in 2024 to monitor.

V. Public Comments Relating to Matters Not On the Posted Agenda

Public Comment 1: None.

Chair Sako mentioned the written comment received via email.

VI. Adjournment

Chair Sako asked committee for their availability next month to meet. All available on Monday, November 27 at 6pm. Chair Sako adjourned the meeting at 6:57pm.