

Sacramento County Mental Health Board Executive Committee Meeting

MINUTES – TELECONFERENCE MEETING

Tuesday, March 21, 2023

12:00 pm

Attendees: Corrine Sako, William Cho, Paul Wagstaffe, Patricia Wentzel

BHS Staff: Glenda, Sheri

Agenda Item

I. Welcome and Introductions

Acknowledgement of Conduct Agreement

Chair Sako commenced the meeting at 12:02pm, introductions were made and the Conduct Agreement was acknowledged.

II. Discussion/Action Item: Review & Approve Agenda for 4/5/23 MHB General Meeting

Chair Sako shared her screen and read the agenda. Vice-Chair Wagstaffe motioned to approve, seconded by Member Wentzel. Motion passed unanimously. Chair Sako to call for a meeting at 5:30pm on 4/5 for the board to vote on budget and recommendation addressing behavioral health workforce crisis which will be brought to the Board of Supervisors.

III. Discussion Item: Scheduling MHB Site Visits

Chair Sako shared information on scheduling of site visit of main jail and inquired from Member Cho of other site visits. Member Cho shared on screen the site visits for 2023. Chair Sako wanting to prioritize sites as county residents utilize such as school wellness Center with SCOE and youth detention facility. Member Wentzel recommends to go to BACS in Rancho Cordova and South Sac. Sheri recommends La Familia, a top requested provider along with Sacramento Children's Home and Heartland (Del Paso) and can help getting contacts to providers. Member Cho thinking to do more follow thru to be more productive. Asked if there should be more expectation from the site visit, other than a report. Chair Sako would like to agendize this topic. All information gathering to make recommendations. Vice-Chair Wagstaffe is good to agendize at next meeting. Chair Sako confirmed.

IV. Discussion Item: Status of 2023 EC Goal to Identify & Create Management tool to: Track and maintain documents for MHB members to access current approved documents (e.g., MHB Committee Report template, MHB Conduct Agreement, MHB Site Visit Report template).

Member Cho shared slides on screen, recommendations: Monday.com at \$8 per month/per member (user friendly, reasonable cost) and Trello at \$5 per month/per member (user friendly, lower cost). Member Cho played the Trello video. Chair Sako asked if Member Cho would meet with Dr. Quist and Rob Parish and Member Cho agreed. Member Wentzel commented that the project worked as a board are limited and wondering if it's needed at this level for \$1200 a year. Member Wagstaffe is in agreement with Member Cho. Find out capacity of this arrangement first then see if

Sacramento County Mental Health Board Executive Committee Meeting

one of these vehicles might work. Also understands Member Wentzel and thinks this would work for record keeping, such as work done by previous members to continue the work. Appreciates the work Cho has done on this. Chair Sako and Member Cho to meet with Quist/Parish for project management tool capacity. Member Wagstaffe asked that personal email use issue to be agendaized at next meeting. Concerned about possible County subpoenas and confidentiality of his clients.

V. Discussion/Action Item: Review and Approve MHB 2022 Annual Report

Chair Sako shared the annual report on screen and briefly went through the report. Sought for feedback/input from committee. Vice-Chair Wagstaffe suggests that in the purpose, there should be something to incorporate the statutory mandate to advise BOS of MH issues affecting the County, in general. To include advisory and advocacy at the same time. Vice-Chair Wagstaffe motioned to approve with revision and Member Wentzel seconded. Motion passed unanimously.

VI. Public Comment (3 minutes per person)

No public in attendance.

VII. Adjournment

Chair Sako adjourned the meeting at 1:05pm. Next meeting is on 4/18 at noon. Member Wentzel may not be in attendance then.