

# Sacramento County Mental Health Board Executive Committee Meeting

## MINUTES – TELECONFERENCE MEETING

Tuesday, February 21, 2023

12:00 pm

Member Attendees: Corrine Sako, Paul Wagstaffe, William Cho, Patricia Wentzel (staff: Glenda Basina)

<b>Agenda Item</b>
<p><b>I. Welcome and Introductions</b> <b>Acknowledgement of Conduct Agreement</b> Chair Sako commenced the meeting at 12:03pm, introductions were made with Chair Sako acknowledging the Conduct Agreement.</p>
<p><b>II. Discussion/Action Item: Review &amp; Approve Agenda for 3/1/23 MHB General Meeting</b> Chair Sako shared her screen calling to attention item 6, presentation of Nina Acosta on AOT, who's unable to come due to conflicting obligation. Michael Whiteside, Community Review Commission interested in presenting to MHB. Also YAB presentation on policy briefing, looking for support or go over Annual Report. Vice-Chair Wagstaffe added a possibility on psychiatric project presentation, hoping for 15 minutes for update and input on where to go next. Chair Sako suggests to have it as a separate item as a report back and recommends it for April meeting. Chair Sako asked about the MHB Youth Seat By-laws and Vice-Chair Wagstaffe agrees. Member Wentzel thinks people may want to hear from Community Review Commission. Chair Sako stated it depends on their availability and interest to present. Per Member Wentzel, YAB lack peers in schools, want to hear input from allies. Member Cho commented he does not know relevance of Community Review for MHB. Per Chair Sako, the ad-hoc committee reached out to her and will have call tomorrow to know what will be presented. Vice-Chair Wagstaffe thinks this committee is ready to present unlike YAB which may not have enough time to present by next week. Chair Sako thinks committee is good with Whiteside reporting and if not, Chair Sako to report on Annual Report. Member Wagstaffe motioned for this, seconded by Member Wentzel. Motion passed unanimously.</p>
<p><b>III. Discussion/Action Item: Review &amp; Approve MHB Bylaw Amendment Regarding MHB Youth Seats</b> Chair Sako shared her screen on Ann Arneill's draft on youths having the right to vote. On travel outside the county, trip waiver form/permission slips are not allowed as per Counsel. Youth may participate in online trainings. Youth must be consumers or family members of consumers. Member Wentzel asked about composition of board, what percentage is family/consumer members? Maybe going over with added youth consumer/family member. Vice-Chair Wagstaffe read 5604-A which says it can increase. Thinks Rob Parrish is focused on 5604 A2, at least 50% to be consumer/family and at least 20% of consumer and 20% families. Per Vice-Chair Wagstaffe, maybe makeup shall be consistent with 5604 A2B incorporating 50% and 20% rules. Guaranteeing that with 5 appointments, 1 family,</p>

# Sacramento County Mental Health Board Executive Committee Meeting

1 consumer and 1 with either. On term, Member Wentzel asked why change from 2 years? Need understanding of how the board works. Chair Sako responded that she likes the option of 1-year giving option to leave/break and also have option to stay. Vice-Chair Wagstaffe questioned some concern of youth having 5 votes out of the 21 member board, a quarter of voting capability. When determining quorum possibility of 6 adults and 5 youth, with youth having 50% of vote. Chair Sako thinks this may not be common and continued that youth will have help/support pre/post agenda for knowledge/understanding. Member Wentzel is more so concerned of quorum with 5 additional seats, will need a bigger quorum. Member Wentzel shared that YAB gets \$1500 stipend and none for youth MHB, may not get youth in. Member Wentzel asked with vacancies, does it change the quorum? Per Chair Sako, it's occupied seats. Vice-Chair Wagstaffe motioned to approve the Bylaw as written with amendment to 5604 A2B, for purpose of determining makeup of board. Member Wentzel seconded. Motion passed 3-1.

#### **IV. Identify & Approve MHB Executive Committee Goals for 2023**

Chair Sako shared her screen on committee's goals. Complete, review annual/performance report both in progress, identify site visits. Chair Sako asked Member Cho if he would like agenda time for it. Per Member Cho, not a separate item but if there's time. On identifying a management tool to track/maintain documents, Member Cho has document to work with 2 project management program/sites to potentially look at. Member Cho stated perhaps at next meeting he'll have something prepared to share with everyone. Member Cho asked if Laura Bemis had any information, contacts context to pass along for historical records. Chair Sako responded that on mission and values statement, thinks values was done but Laura was absent to present and it was left there. On recruiting and recommending BOS to fill vacancies, Vice-Chair Wagstaffe commented for Item 6, good to have chart on who is filling each seat so other members can look at it when looking at item 6. Chair Sako reminded it's on MHB webpage. <https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Mental-Health-Board/BC-Mental-Health-Board-Current-Members.aspx> Redundancies removed and combined. Paul motioned to approve. Patricia seconded. Passed unanimously.

Vice-Chair Wagstaffe commented about MHB member list on webpage. Consumer seat should be first 5, then family members then public interest. Maybe change the order.

Member Cho shared the following links on chat and suggested that before the next in-person meeting, to get familiar with senate bill, provision on Brown Act on how to handle meetings when it goes out of control. Member Cho to send to Glenda to send to the committee. Vice-Chair Wagstaffe commented he'd like it on an agenda

[https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill\\_id=202120220SB1100](https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=202120220SB1100)

<https://apnews.com/article/education-california-united-states-sacramento-gavin-newsom-88ea4f3c2164dc0f345799dbc0d2edae>

# Sacramento County Mental Health Board Executive Committee Meeting

Chair Sako stated that she's having anxiety with in-person meeting and facilitating it. BOS has staff. MHB has Jason taking notes and would love support of colleagues on the board to make things go smooth/effective as possible. Vice-Chair Wagstaffe suggested speaking with Jason and that he'd be interested in joining the conversation. Chair Sako to check in with Jason as well as Counsel and Dr. Quist, if another support staff will be available.

**V. Public Comment (3 minutes per person)**

No member of the public in attendance.

**VI. Adjournment**

Chair Sako adjourned the meeting at 12:57pm. Next meeting is Tuesday, 3/21, 12pm.