

**Sacramento County
Children's System of Care Committee**

**MINUTES – IN PERSON MEETING,
HYBRID PARTICIPATION OPTION
OCTOBER 30, 2023, 3:00PM-4:30PM**

Members Present: Corrine Sako, Patricia Wentzel, Teresa Riviera

Absent: Maria Padilla-Castro

BHS Staff: Sheri Green, Dawn Williams, Rob Kesselring, Melissa Planas, Rhapsody Flores

Guests: Kimberly Austin

Agenda Item

- I. The meeting commenced at 3:06pm
- II. **Presentation on Children's Book, "[Little Glory and the WHAM-DEMIC!](#)"**
Kimberly Austin shared the origins of her story and why she wrote the book. Ms. Austin modeled the book after her own home, neighborhood, love of plants and gardening, and art. She shared that she provides readings to children, will bring paint and rock kits for children to paint and carry as their own.
 - a. **Questions from Committee Members & Members of the Public**
Chair Sako asked where the books could be purchased. Per Kimberly, they can be purchased on Amazon or directly from her. She can be contacted through her website.
- III. **Presentation on Timeliness to Behavioral Health Services** Outcomes for Children Dawn shared the timeliness. The Data Analytics Team (DAT) is working on revamping their website and creating a new presentation. The timeliness is data that is collected is part of the DHCS CMS regulations. DHCS requests the information regarding when clients reach their first service. The benchmark is 72 hours unless marked urgent. Data Analytics independently tracks engagement attempts. This is not required by the State, but the data is pertinent to monitor the care of the clients. Additionally, Dawn shared that no shows and cancellations are independently tracked by the Data Analytics team.
 - a. **Questions from the Committee Members & Members of the Public**
Committee Member asked if there was a way to monitor a client's first Medi-Cal appointment. Per Dawn, at this time they are only monitoring first service, which could be engagement, outreach and/or scheduling call, but not necessarily the first appointment. Committee Member asked if the DAT data for Transitional Age Youth be accounted for. Per Dawn, they can identify the clients who are considered TAY and Older Adults. Currently, DAT is captured for homeless youth, and adults. Committee Member asked, what is considered an initial service request. Per Sheri Green, prior to July 1, 2023, it meant "asking for services" and when the clock starts on first services.

Sheri Green shared that Access was able to remove blocked caller number so caller knows it's Access returning a call. Additionally, MHSA funding was added to Flexible Integrated Treatment (FIT) Programs so that providers could do engagement services. Committee Member asked if texting was available yet, Per

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Sheri it is not available yet. Committee Member Riviera asked about how language barriers are being addressed on the phone lines. Per Sheri, the County has identified 7 threshold languages for the region and can provide translation services. Committee Member Riviera asked about language barriers for individuals who may have an urgent request. The person will be transferred to a licensed clinician. If it is an emergency, the individual will be asked to call 911 or 988. Committee Member Riviera asked how advertising is done to notify the community that walk-in appointments are available. Per Rhapsody, BHS is currently working on a Decision tree that will be provided to CPS and Probation about where to refer youth to services. Listening sessions for Foster Family Agencies (FFA) are being held and the FFA leadership is being provided with the information on how to access BH services.

Sheri and Rhapsody shared that BHS is working with Public Health on data regarding crisis/suicide prevention in high need areas of Sacramento County. There will be a gaps analysis done which will include marketing to the community about BH services. Public Health & BHS are looking at all zip codes to identify where services are limited. Outreach will be done to Natomas and Elk Grove School Districts to address zip codes in their catchment areas. An RFP for a FIT additional site is underway. This would have the Provider co-locating with partners in the community. Committee Member Riviera asked about how the rural areas of the County are being served. Per Sheri, this is something BHS is looking into, and for now, Turning Point Community Programs is serving Galt.

- IV. **Presentation on [Capital Star Community Services' Full Service Partnership for Young Adults \(ages 16-25\)](#)** Melissa shared that TAY FSP provides intensive services; including psychiatric, peer, crisis, and engagement services. TAY FSP is known for meeting individuals where they are in the community. Permanent Supportive Housing units were made available to individuals currently receiving services from Capital Star. After one year of living in the current setting, they will receive a new PSH voucher so that they can live anywhere. Capital Star has walk-in hours for intake in assessments. Individuals can also be referred to Youth Help Network (YHN) that will assist them in getting linked to TAY FSP.

- V. **Public Comment related to the Childrens' System of Care (3 minutes per speaker)**
None

VI. **Adjournment**

Chair Sako adjourned the meeting at 4:40 pm and reminded members of the schedule for the next meeting.

CSOC meets 4th Tuesday of each month 2:30pm-4pm

Next meeting scheduled for Tuesday, January 23, 2024, 2:30pm