# Sacramento County Mental Health Board Adult System of Care Committee

# MINUTES – TELECONFERENCE MEETING Tuesday, May 23, 2023 4:00pm – 6:00pm

Members Present: William Cho, Corrine Sako, Ryan Gallant, Bradley Lueth (staff: Glenda Basina)

Members Absent: Matt Gallagher

Guests: Kaino Hopper, Patricia Wentzel, Michael Ameneyro

### **AGENDA ITEM**

### I. Welcome and Introductions

Members, Staff and Guests

Chair Cho commented the meeting at 4:05pm and introductions were made.

## II. Presentation, Severine Hollingsworth

- What is opioid use disorder?
- What is medication-assisted treatment (MAT)?
- Counseling, ACEs, MAT and Pregnancy
- Trend in the Streets
- Narcan Overview and How it Saves Lives

Severine Hollingsworth introduced herself. Shared powerpoint slides that provided response/information pertaining to the bulletted items. Current crisis with fentanyl, a very powerful opioid. Easily prescribed. Immediate release of 'feel-good". Addictive. Severine also touched on process of addiction and its effect. Medication-assisted with counseling is most effective treatment for recovery. Provided information on BAART, their programs/services. No referral needed, walkins accepted. To help, keep addressing the stigma and help at the source, putting more effort on children.

## III. Discussion of Presentation and Alignment with Goals

No discussion.

#### IV. Member Announcements or Comments

Chair Cho shared that 6pm on 5/25 a community meeting with Supervisor Desmond. 5/29 Outreach engagement center site visit. 5/31 Howe Park community, Supervisors Serna/Richmond on homelessness. 5/16 Sheriff community review board recommendations on mobile crisis response team. Draft report in-line with ASOC mutual goals, soliciting feedback. On county website.

Member Sako – Tomorrow at West Side steps of Capitol, MHA of California on mental health matters, 10-1pm. May as Mental Health month.

Member Wentzel confirmed today that Community Wellness Response Team is available M-F, 9-3:30pm.

#### V. Public Comment

3 Minutes per Person None.

VI.	Adjournment Until Next Meeting Chair Cho adjourned the meeting at 5:09pm and mentioned the next board meeting to be at EPW on 6/7.