



# Sacramento County Mental Health Board Adult System of Care Subcommittee Meeting

Tuesday  
February 28, 2023  
4pm – 6pm

Via Zoom

## MINUTES

Members Present: William Cho, Ryan Gallant, Corrine Sako

Members Absent: Matt Gallagher, Brad Lueth

Staff Present: Glenda Basina, Jason Richards, Rob Parrish

Guests: Patricia Wentzel, Kaino Hopper, Angelina Woodberry, Melinda Avey

### AGENDA ITEM

#### 1. Welcome and Introductions

At 4:02pm Chair Cho commenced the meeting and Glenda took roll call.

#### 2. Background and Experience of Members

Chair Cho asked all in attendance to share a little bit of their background/experience to get to know each other.

Member Gallant – An MHB member for 2 years, representing District 3. Works as a consultant for KPMG, a subcontractor for the State of California on child welfare. Familiar with admin, finance, policies of state/county mostly on child welfare, touching on mental health.

Member Sako - Dual licensed MH professor, licensed psychologist, owns a private practice, appointed by Supervisor. Kennedy to the MHB.

Patricia Wentzel – Newly appointed to the MHB in December. Works for NAMI Sacramento, a Helpline Coordinator and Case Manager for peer program. Does outreach in the community. Has lived experience as a consumer and family member.

Glenda Basina – County employee providing administrative support to Dr. Quist, assigned to clerk the MHB sub-committees. Was with Supervisor Serna's office prior to BHS.

Dr. Jason Richards - An attorney and therapist. Working with the County since 2017. Was with Napa County Child Services. Prepares board letters for Dr. Quist.  
Robert Parrish – A Berkeley grad, worked litigation in San Francisco. Moved to Sacramento when mom got sick. Has been in the Counsels Office for 18 years, working with health services.

Melinda Avey – Vice Chair of Alcohol & Drug Advisory Board for 20 years. Focused on criminal justice and crisis continuum.

Kaino Hopper – A member of the CWRT committee. Studied textile at Davis. Designs clothing for people with disabilities. Attends this meeting to be better informed.

Angelina Woodberry – A consumer advocate liaison with CalVoices. Attending the meeting as a consumer and family member to make sure consumer voice is well represented. A published author working on second short story.  
Chair Cho – 25 years in media and legislative affairs. Envisions/hope to bring together conversations to enable expertise to come out.

### 3. Restructuring of Subcommittee –

#### a. Start Time of Meeting – Action

Chair Cho brought to the committee if the meeting time should be changed. Member Sako responded that any pivoting from it needs BHS staff for availability and should be considered before choosing a time.

Member Gallant personally prefers 4:30pm or 5pm.

Glenda Basina responded 5pm would work.

Member Sako responded that with her other obligations the 4pm time works for her.

Member Sako suggested to table this item for the other 2 members.

Per Chair Cho, item is tabled to next meeting. No action taken.

#### b. Length of Meeting – Action

Chair Cho on the current 2-hour meeting, asked committee about 90-minutes.

Member Sako likes having flexibility with the 2-hours and likes the wording on this agenda of “6pm or sooner”. With 90 minutes may not have enough time for presentations and Q&A.

Member Gallant is all for shorter meetings assuming goal is accomplished.

Also liked “or and until finished” flexibility.

Per Chair Cho, absent the two members, meeting will remain at 2 hours.

#### c. Format – Action

Chair Cho inquired on committee’s preference for a meeting via Zoom or in person.

Member Gallant prefers meeting via zoom for convenience as it would be an ordeal coming from downtown for a meeting.

Member Sako concurs as well as Chair Cho.

As agreed by the members present, these meetings will continue to be held via Zoom.

#### d. Goals – Action

##### i. Prioritize – Action

Chair Cho spoke of the ASOC goals adopted at the previous meeting and to respect it, would like to focus and prioritize the most important for the committee.

Member Sako shared the goals on screen.

Chair Cho asked the committee to rank and prioritize what is most important.

Member Sako stated that numbers 1 and 2 are the same and will edit.

Member Gallant stated #3 is most important in his view. A high priority for him; identifying gaps within the system, identifies core responsibility, making sure to bring to BOS.

Member Sako commented that #4 is still capturing number 3. #4 and #5 most significant for her with staggering amount of homelessness and with jails, still fresh and necessary. The Care Act is not coming for another year or 2 and not needing to be a priority. Chair Cho thinks #3 is something ASOC does and not a specific goal but may be a value. Member Sako responded that language in #3 came from Member Gallagher in transformation of Adult System of Care, identifying gaps within itself.

Chair Cho proposes #3 be clarified to include context from Member Gallagher as mentioned by Member Sako. Considering current priorities of community, priority to be as follows:

#1 Homeless

#2 AOT

#3 Jails

And the rest to fall in line as appropriate.

Members Gallant and Sako agrees.

Chair Cho asked if it can be revised to provide more information.

Robert Parrish responded yes, and to present as a new item for the board to vote on.

Member Sako stated as previous chair, know the importance of the goals and allowing to pivot.

Chair Cho responded that doing this is to hold the committee accountable. Adult System of Care is important and need to clarify and ask committee where goals fall in line.

Member Sako stated with so much activity happening, everything seems important. Some are bigger than others and take longer time.

Chair Cho agreed that all are valid points and runs the risk of falling in the crack. No right or wrong just asking what is more efficient.

Chair Cho asked if to finish on this item or move on.

Member Sako asked if revising Adult System of Care to go to the full board?

Chair Cho believes this can remain in the subcommittee and Robert Parrish agreed with Chair Cho.

Chair Cho needs language for it.

Patricia Wentzel suggested to just add transformation at end which should cover it.

Member Sako motioned to revise goal #3 to specify "transformation" in identifying gaps within that system. Seconded by Member Gallant. Motion passed unanimously.

**ii. Metrics – Action**

Chair Cho on goals for the board as a whole and how to be able to point to what ASOC has done. One is a metrics. Is requesting a presentation or submitting a letter good enough?

Member Gallant stated the most effective way is to have their voice heard and effect change through the Board of Supervisors and leadership of BHS. A good goal is producing a letter/recommendation, making sure it gets to the BOS that leads to legislative action. This should be the standard on how we do the work, through communicating to the BOS. Maybe work/collaborate with Dr. Quist for anything not requiring legislative action from the board or do an oral presentation to BOS, in general communicating to the BOS.

Member Sako responded that implementing is outside the committee's scope and there's already a mechanism on recommendations with the Board, sampling Ann Arneill's recommendations.

Chair Cho commented that with the discussions in this meeting, It seems to be insulated to people involved with those things. Lots of good things happening in the County but not a lot of people know about it. Important to have the project management tool. And good to implement as soon as we can.

Member Sako added that sometimes what CSOC is doing doesn't translate with ASOC and doesn't know if the report back is being read by other members. There's already a mechanism to get those report out, a letter of recommendation.

Chair Cho – Sounds like we have a framework.

Member Sako – responded that the metrics may change on what the committee is studying, metrics may differ for each goal. Having flexibility to be creative when need be.

Patricia Wentzel asked how can we make a difference and are we addressing issues when the opportunity's there to change as a result of our recommendation? It's not for the committee to make the change but put attention to a particular subject, an opportunity to affect change.

Chair Cho asked if it wills the committee to develop framework offline and bring forward to the executive board.

Member Gallant and Sako agreed.

**e. Presentations – Information Only**

Chair Cho on people providing information, their time is valuable. Having presentations repeated to the board, while the subcommittee may have already heard it several times. If there's an opportunity not to repeat in that scenario, would prefer to defer the presentation to the full board.

Member Gallant thinks to talk about it with the full board. It puts more emphasis on the full board to understand what's going on in the

committees, reducing the redundancies. Perhaps something to put to attention of full board.

Member Sako commented this would be good for the Executive Committee to talk about. Thinks there have been times when there have been the same presenter at the general board meetings. The thought of doing it is for voting, having the representation. Likes to maximize community and learning a lot from feedback from members of the public, of which the majority attends the board meetings.

Member Gallant responded that many government boards post meeting materials on their website. Better job of preparing/distributing can help to be more efficient. Making information more available to everybody.

Patricia Wentzel asked if anyone was familiar with CCJBH, it does great in informing the public. Suggest to look at them and shared their website: <https://www.cdcr.ca.gov/ccjbh/>.

Chair Cho commented recommendations are to be the best servants we can be. Welcomes everyone's feedback and input.

Member Sako appreciates Chair Cho. Fruitful to have the space, to be the most effective we can be.

Chair Cho added there's a time/place to be more impactful and just to be mindful to be efficient with our time as well as our partners'.

Angelina Woodbery commented that most come to the general body and agrees a 1 pager about the presentation would save a lot of time for everyone. May just want to have them at the board than the subcommittees.

#### **4. Announcements or Comments of Members**

Member Gallant excited to see everyone in person at tomorrow's MHB meeting.

#### **5. Public Comment of 3 Minutes Per Person**

None.

#### **6. Adjournment Until Next Meeting on 3/28/23**

Chair Cho adjourned the meeting at 5:29pm and reminded the next meeting is on 3/28/23.