Sacramento County Mental Health Board Adult System of Care Committee

ANNOUNCEMENT – TELECONFERENCE MEETING Tuesday, January 24, 2023 4:00PM – 6:00PM

Attendees: Corinne McIntosh-Sako, William Cho, Ryan Gallant, Brad Lueth, Matt Gallagher

(staff, Glenda Basina) Absentees: None

Agenda Item

I. Welcome and Introductions

Chair Sako convened the meeting at 4:00pm and introductions were made.

II. Presentation on Sacramento County Behavioral Health Services' Response to Providing Emergency Services to Sacramento County's Unhoused Population During the Recent Extreme Weather Events

Kelli Weaver and Sheri Green spoke on the outreach efforts to those near the riverbank where several team members provided supplies, talked about safety protocols and safety/warming shelters. MHTC vans were used to bring people to shelters. A variety of county departments banded together in this effort.

Member Lueth appreciated the great work and inquired about statistics to which Kelli/Sheri responded that it's being collected/collated by Monica.

Member Gallagher stated an article on the Bee said County is not doing enough nor providing support. Sheri - Disheartening to hear we were not doing enough, people were there unpaid in some situations.

Public Comment 1 - Asked if planning now to keep this from being an emergency in the future. Kelli – Ultimately looking at having BH at cooling/warming centers to link folks to services.

Public Comment 2 – Inquired about outreach to homeless in the South Sac/Elk Grove areas. Per Kelli, County's response was immediate and robust earmarked for and deployed to high risk locations. Emily Halcon would be best to respond to the other areas/city.

Member Cho believes the news article was inaccurate and inflammatory. The efforts of the County sound impressive.

Chair Sako inquired about the kinds of supplies the homeless stated they needed to be safe. Sheri – Emergency funds allotted for purchases of tents, tarps, flashlights, Mylar blankets, water, basic things, head flashlights, etc.

Chair Sako asked "what is the work now?" Kelli – Critical to stay connected with folks ready and to land connection. Engagement happens over time. The longer person is there; continuity/familiarity makes a difference. Sheri – Using the same staff for continuity.

III. Discuss ASOC composition for 2023

Chair Sako looking to step down and open chair seat to Member Cho, with seniority. Also shared that sub-committees can continue to hold meetings via Zoom. Chair Sako motioned for Member Cho to chair and Member Gallant to vice chair. Member Lueth seconded. Unanimously passed.

IV. Identify ASOC 2023 Goals

Chair Sako shared her screen with goals from last year and opened discussion to the committee.

Member Lueth - Interest of his would be to see/study how we release people from county jail at midnight, releasing at-risk people with nowhere to go. How is hand-off made?

Member Gallagher – Liked all listed goals and supports Member Lueth. Suggested rewording #6 to be specific to jails and add wording to #4 about maximization of FSPs for Sacramento residents who meet criteria. Final suggestion is to assist the County in preparing Care Act when it goes live in the county. Member Cho suggested to email wording to Chair Sako to ensure accuracy.

Member Cho – Problems in jail are systemic problems. There's been a whole lot of improvement. Melinda Avey with ADAB worked hard with mechanism for people to get medication before they leave jail, dispensed at jail. Things are in place but need to stay on top of it. Need to keep communication and conversations with other agencies.

Public Comment 1 – Concerned with status of wellness center in new core plan. Important to allow peers to make programs and add to redesign of Adult Mental Health Outpatient System transformation. Also address the situation of felony incompetent to stand on trial. Kelli suggested to invite Tiffany Sinnott for individuals under this legal hold, it's been operating about 2 years now.

Chair Sako shared her screen with drafts of goals as discussed; Peer Support Specialist implementation, Development/Implementation of AOT, Identify Gaps in BHS Adult System of Care, Service for the Homelessness and Justice-Involved, Care Act Implementation. Chair Sako motioned to approve the goals of 2023. Seconded by Member Gallagher. Unanimously passed.

Public Comment (3 minutes per person) No comment from the public. VI.

VII. Adjournment

Chair Sako reminded that meetings are on the 4th Tuesday, 4-6pm and the next meeting is February 28. Meeting adjourned at 5:56pm.