

Adult and Child Provider Walk-in Hours

Adults: Individuals age 21 or older Children: Individuals under age 21		CORE: Community Outreach Recover Empowerment FIT: Flexible Intergrated Treatment		Effective: Monday, 3/18/2024 through Friday, 3/22/2024		Please check our webpage at https://dhs.saccounty.gov/access for most recent list	
Provider	Geographic Region	Walk-in Hours (date/time)	Location		Phone Number	Evidence-based Practices	Webpage Address/Link
			Address	Cross Street			
Children							
Capital Star	North	Tuesdays 1:30 pm-5:30pm Fridays 8:30 am-12:30pm	3800 Watt Ave, Suite 110 Sacramento, CA 95821	Edison Ave	916-584-7800	PCIT, PC CARE. TF-CBT	https://www.starsinc.com/sacramento-county/capital-star-office/
Dignity (Folsom)	Central	Tuesdays from 9:00-11:00am Thursdays from 1:00pm-3:00pm	9837 Folsom Boulevard, Suite F Sacramento, CA 95827	Horn Road	916-450-2600	None	https://www.dignityhealth.org/dhmf/locations/sacramento-childrens-behavioral-health
Dignity (Valley Hi)	South	Tuesdays from 9:00am-11:00am Thursdays from 1:00pm-3:00pm	6615 Valley Hi Drive, Suite A Sacramento, CA 95823	Bruceville Road	916-450-2650	None	https://www.dignityhealth.org/dhmf/locations/sacramento-childrens-behavioral-health
HeartLand Child & Family Services	North	Tuesday 11:00am-5:00pm Thursday 11:00am-5:00pm	811 Grand Ave, STE D, Sacramento CA 95838	Rio Linda BID	916-922-9868	TF-CBT, ART	https://doingwhateverittakes.org/
HeartLand Child & Family Services	North	Tuesday 11:00am-5:00pm Thursday 11:00am-5:00pm	2829 Watt Ave STE 200, Sacramento CA 95821	Marconi	916-418-0828	TF-CBT, ART	https://doingwhateverittakes.org/
La Familia	South	Monday 12:00 pm to 4:00 pm Wednesday 10.00 am to 2.00 pm	3301 37th Avenue Sacramento, CA 95824	Franklin Blvd	916-452-3601	PC-CARE, Cultura de Salud	https://lafcc.org/
Pacific Clinic (Rosin)	North	Thursdays 9:00am-5:00pm	3840 Rosin Court, Suite 100 Sacramento, CA 95831	Northgate Blvd	916-921-0828	TF-CBT	https://www.pacificclinics.org/our-services/locations/
Pacific Clinic (Tech Center)	Central	Tuesdays 3:00 pm to 5:00 pm Wednesdays 10:00 am to 12:00 pm	9343 Tech Center Drive, Suite 200 Sacramento, CA 95826	Mayhew Road	916-388-6400	TF-CBT	https://www.pacificclinics.org/our-services/locations/
River Oak Center for Children	South	Wednesdays: 12:00pm-2:00pm Fridays: 9:00am-11:00am	9412 Big Horn Blvd. Ste 6, Elk Grove CA 95758	Laguna	916-609-5100	TF-CBT; PCIT; PC-CARE; DBT; Coping Cat; Incredible Years	www.riveroak.org
Sacramento Children's Home	South	Mon 9:00am-2:00pm Friday 9:00am-2:00pm	2750 Sutterville Rd. Sacramento, CA 95820	Franklin Blvd.	916-492-7240	TFCBT, PCIT, PC-CARE	https://www.kidshome.org/
Stanford Sierra Youth and Families	North	Thursdays 9:00am-4:00pm	8421 Auburn Blvd, Building 3, Citrus Heights, CA 95610	Auburn Blvd and Auburn Oaks Court	916-512-8420	TF-CBT	https://ssyaf.org
Stanford Sierra Youth and Families	Central	Wednesday 9:00 am- 4:00 pm	8912 Volunteer Lane, Sacramento, CA 95826	Watt Ave and Folsom Blvd	916-344-0199	TF-CBT	https://ssyaf.org
Turning Point	South	Mondays 1:00pm-2:00pm Wednesdays 4:00pm-5:00pm Fridays 10:00am-11:00am	3161 Dwight Road, Elk Grove, CA 95758	Laguna Blvd	916-427-7141	TF-CBT, PCIT, PC-CARE	https://www.tpcp.org/
UCD	Central	Mondays 9:00 am to 11:00 am Mondays 1:00 pm to 3:00 pm Tuesdays 10:00 am to 2:00 pm Fridays 12:00 pm to 2:00 pm	3671 Business Drive, Suite 100 Sacramento, CA 95820	14th Ave	916-460-2855	PCIT, TF CBT, DBT PC CARE	https://health.ucdavis.edu/children/services/CAARE/
Sacramento County Children’s Outpatient Clinic (CAPS)	Central	Call to schedule appointment	3331 Power Inn Rd. suite 140 Sacramento, CA 95826	Cucamonga Ave	916-875-1183	None	None
Adult							
BACS	East	Wednesdays: 9:00am-11:00am Friday: 1:00pm-3:00pm	9333 Tech Center Drive, Suite 100, Sacramento	Mayhew	916-379-7964	Strengths Model	https://www.bayareacs.org/core-sacramento/
BACS	East	Tuesdays: 11:00am-1:00pm Thursdays: 11:00am-1:00pm	4600 47 th Ave, Suite 111, Sacramento	46 th Street	916-318-0141	Strengths Model	https://www.bayareacs.org/core-sacramento/
BACS	South	Tuesdays: 9:00am-11:00am Thursdays: 12:00pm-2:00pm	7171 Bowling Drive, Suite 300, Sacramento	Florin Rd	916-270-6994	Strengths Model	https://www.bayareacs.org/core-sacramento/
El Hogar	North East	Mondays: 9:00am-11:00am Wednesdays: 1:00pm-3:00pm Thursdays: 9:00am-11:00am	8421 Auburn Blvd, Citrus Heights	**Twin Oaks Avenue (or directly off of I80)	916-441-3819	Strengths Model, Seeking Safety	https://www.elhogarinc.org/
El Hogar	West	Tuesday: 1:00pm-3:00pm Thursdays: 9:00am to 11am	600 Bercut Drive, Sacramento	Richards Blvd	916-440-1500	Strengths Model, Seeking Safety	https://www.elhogarinc.org/
Hope Cooperative	North East	Mondays: 1:00pm-3:00pm	3737 Marconi Ave, Sacramento	Watt Ave and Marconi	916-480-1801	Strengths Model	https://hopecoop.org
Hope Cooperative	Central	Wednesday: 1:00pm-3:00pm	650 Howe Ave. Bldn 300, Sacramento	Howe. and Sierra Blvd.	916-485-6500	Strengths Model	https://hopecoop.org
Turning Point	North West	Mondays: 8:30am-12:30pm Wednesdays: 12:30pm-4:00pm Thurdays: 12:30pm-4:00pm	3810 Rosin Ct. Ste 170, Sacramento	Northgate	916-567-4222	Strengths Model	https://www.tpcp.org/program/core/
Turning Point	North West	Mondays: 8:30am-12:30pm Wednesdays: 12:30pm-4:00pm Thurdays: 12:30pm-4:00pm	3628 Madison Ave Ste 6, North Highlands	Roseville Rd.	916-388-3231	Strengths Model	https://www.tpcp.org/program/core/
Turning Point	South	Mondays: 12:30pm-4:00pm Thursdays: 12:30pm-4:00pm	9340 E. Stockton Blvd, Elk Grove	Laguna Blvd.	916-509-8198	Strengths Model	https://www.tpcp.org/program/core/
Sacramento County Adult Psychiatric Support Services (APSS)	Central	M-F 10am to 3pm	2130 Stockton Blvd, Bldg 100 Sacramento, CA 95817	39th Street	916-875-0701	CBT, DBT, MI, PSS, Seeking Safety	None